

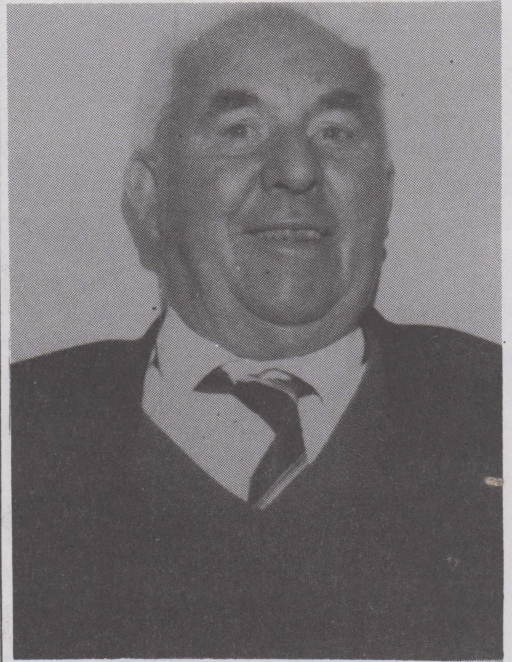
THE LEADER

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July 1989



Letterkenny Baptist Church, just beside the Port Road Roundabout - the first Baptist church to be built in the Republic this century.

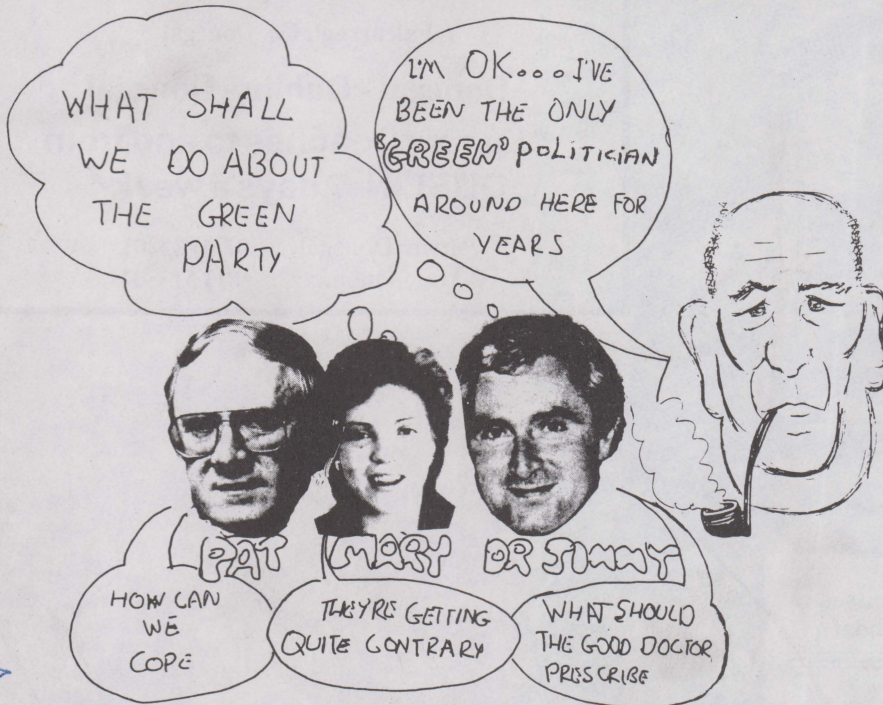


Mister Mary from Dungloe

All roads will lead to Dungloe from July 29th to August 7th for the Internationally famous Mary festival.

And what visitor to the Rosses capital hasn't met and bought a ticket off Michael Hanlon, the best ticket-seller and fund-raiser in the county. Michael had been an active member of the organising committee since the very start - back in 1967, and you can be sure he'll be in his familiar spot outside the Cope this year again.

As someone once remarked "Mary from Dungloe without Michael Hanlon would be like Mary from Dungloe without the Mary!".



DONEGAL'S ONLY MONTHLY MAGAZINE

HOW TO GIVE A COMPLIMENT

Do you get embarrassed when someone gives you a compliment or get tongue-tied when you try to tell another person that you appreciate something he or she has done? Many people find it difficult to give or receive sincere words of praise, but, done correctly, such encouragement can have lasting benefits for both parties involved. Think about it. If you never received any sign of approval or recognition in some project you're involved in, you might wonder if you were getting anywhere. Other people feel the same way so why not take the time to express your sincere praise and

encouragement to someone who is working hard to develop one of his or her talents? (that's flattery), but be on the lookout for opportunities to point out a job well done. General praise is OK ("you did a good job), but it's more personal and comes across as more sincere if you compliment the person on something specific. Be observant and notice new things and special efforts. When you receive a compliment, how should you answer? You don't need to get embarrassed and say "Aw, it was nothing". The best answer is usually just a simple "thank you".

Flowers Flowers Flowers

Freshly cut for all occasions in a variety of colours.

*Getting married this summer?
Come and cut the flowers of your choice.*

I.J. Cowan
Drumgumberland, Convoy,
Phone: 47149



Photographed at their recent wedding are Kathleen Gallagher and Joseph Kelly. The Bride was attended by her sister Julie Gallagher and Carmel Boyle. The Bestman was Manus Kelly and Johnny Kelly, brothers of the groom. The Flower girl was Aoife Collins and the page-boy was Adrian Ronaghan. Fr. Patrick McShane officiated at the ceremony which was held in Falcarragh.

Photograph: Fergal Megannety



Another one of Ward's of Kerrykeel's famous buses pictured in the 1920s. Heading for the Derry boat?

Raspberries

To the political party who didn't take down their election posters and placards

Roses

To the hardworking committees who put so much time and effort into organising festivals around Donegal on a voluntary basis.

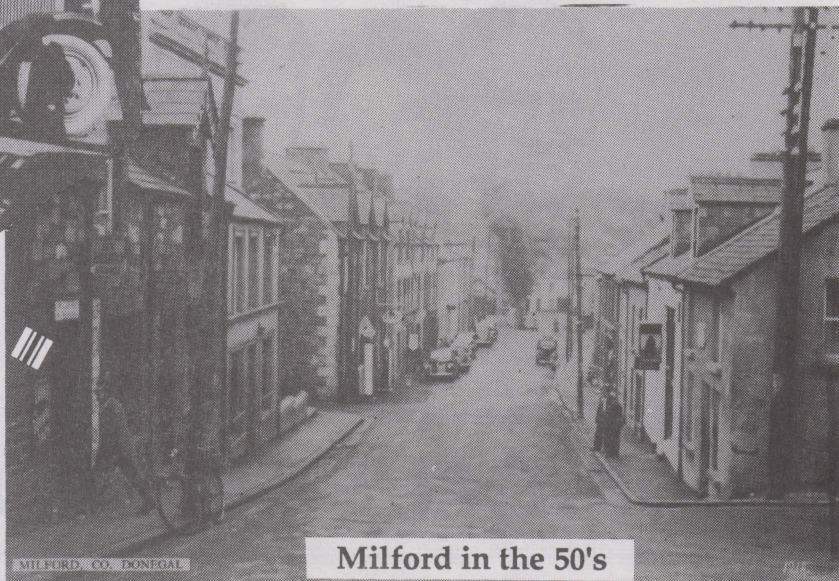
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Milford in the 50's



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If we haven't got it we will get it



Visiting the hospital ? Drop in and buy a plant or flowers
Sundays 1-6 pm

Dog Kennels - Cheapest in Donegal - Large & Small



PUPPY LOVE

GIVE a dog a bad name and it sticks like mud to its paws. Dogs are cute, cuddly, affectionate, loyal, loving.

But they are also, in certain breeds, in some circumstances, potential killers . . . as recent distressing events have shown so shockingly.

The sad thing is that for every one killer Rottweiler or bull terrier, there are Rottweillers and bull terriers who haven't mauled anyone; and there are thousands and thousands of floppy-eared, docile pooches, large and small, thoroughbred and mongrel, who only want to be pals.

Dogs have a lot of things going for them.

Companionship

They are there to pat and play with when you're lonely and fed-up and human beings are behaving like the beasts they often are.

They love you even when you shout at them and ignore them, peering adoringly at you with velvet eyes and quivering tails, as sloppy and sentimental as a Shirley Temple film.

They guard your property. They take your for healthy walks in the fresh air.

But, like people, they can be also bad-tempered, neurotic, unpredictable, noisy and dirty.

The negative side of dog-owning has been graphically highlighted lately. But let's look at the positive side — for the sake of all the millions who get fun and companionship from their pets, and for the sake of all those who are panicking needlessly and turning against animals who still, most of the time, deserve the label "man's best friend".

"What we have always stressed is that, at the end of the day, it comes back to responsible dog ownership", says Mr. Richard Cook of the Society for the Prevention of Cruelty to Animals. As a matter of interest Mr. Cook owns a cairn terrier, a wee stray which he adopted and which he adores.

"But it's terrified to cross bridges or go over water in any shape or form," he said. "Probably, someone once tried to drown it, or threw it in the river.

"We've got to remember that, if a dog is snappy, there's often a good reason for it in its past history. And usually, it's a human who has caused it fear or pain."

How safe and well-behaved your dog is starts before you buy, or adopt it. "You have to choose the right dog for your home and your family life-style," said Mr Mochrie.

"You have to choose a dog of the right size, and a dog you can look after properly. If you can't afford to feed it and have it treated by the vet, then you shouldn't have a dog.

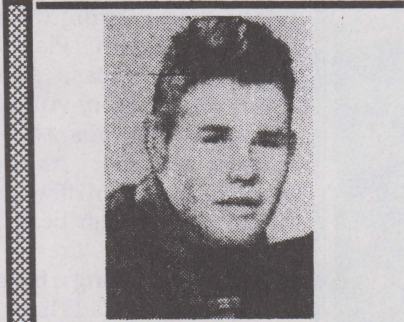
"Dogs have an awful lot of love and friendship to offer. It is people who have look at their own motives, their own competence to own a dog, and the way they train their children.

Adoring

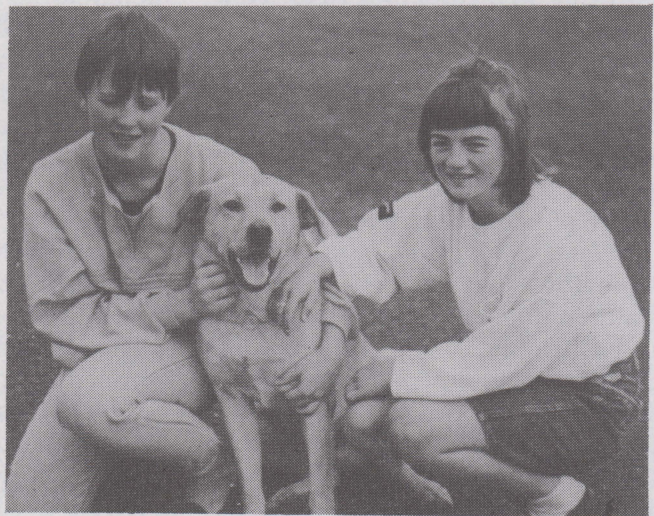
"Many a good dog is mercilessly teased by an ill-behaved child, until its patience finally snaps.

"You wouldn't buy a car without being prepared to look after it, make sure it was properly maintained, and that you could afford to run it. The same goes for dogs."

And cars don't welcome you with adoring expressions when you come home after a hard day's work !



21-year-old Jim Gallagher, one of three Burtonport men in the team.



Clare and Frances Whoriskey, Derryveagh Ave., Letterkenny, pictured with their best friend, "Brandy", a labrador.

Old Newspaper cutting

Broke world record for mountain travelling - with milk as their diet.

The world champion tunnel tigers of Ben Cruachan, Scotland, came down 1,400ft. to their sea-level camp, said goodbye to their mates, and took off home after breaking the world record for tunnelling through a mountain.

After a week's tough battle with granite, deep inside the mountain, driving an aquaduct to take the water towards the great Loch Awe hydro-electric scheme.

The next few days are not grudged by their bosses.

Seven nationalities formed the 42-man team working three shifts in their daily attack on the mountainside.

During that week they consumed 80 gallons of milk, the staple diet of tiger-men too busy to eat.

Among the team were three young Burtonport men, George Bonner, his brother Joe, and their cousin, 21-year-old Jim

Gallagher, youngest member of the team.

For the past 10 years the record stood at 557 ft. for a week. They now knocked 3 ft. off the record leaving it 560 ft.

In their bid to beat the record, the tiger men waived the usual long wait, to allow gases, after dynamiting, to disperse.

The Burtonport boys are now at home for a few days off before receiving their awards, which will be presented by Thyssen & Co. Ltd. (Gt. Britain).

Donegal men were among the team which held the record since 1955.

Just a Little Bit of Religion...

4

In this new monthly feature, we'll be taking a look at the different religions practised in Donegal

Introducing Letterkenny Baptist Church

Origin A Baptist church existed in Letterkenny for most of the 19th century having been established in the town about 1810. In 1859 a man called John Storey become its pastor. He was also town clerk and was influential in the proffering of the Christian gospel in this area. This church ceased to exist just after the turn of the century but was re-established in 1978 and presently has 39 members with an average Sunday morning attendance of 50-55 at the worship service.

Location The church building is located at 73 Port Road just beside the Port Road roundabout near the centre of Letterkenny town.

Function The church places its main emphasis on Bible preaching and Christian living. Its regular programme includes:

Sunday: 10am Sunday School
10.50am The Lord's Supper
11.30am Family Worship Service
6.30pm Evangelistic Service
(1st and 3rd Sundays of each month)

Tuesday: 5.00pm Good News Club
(For boys and girls 5-11 year olds)
Wednesday: 8.00pm Bible study & prayer

Saturday: 7.30pm Youth Fellowship
(For Young people 12 years and over)

The Minister of the church is Pastor Edwin Ewart. He has pastored the church in Letterkenny since 1986 and is married with two children. He is available for counsel and spiritual advice and may be contacted at the church house, 73 Port Road, Tel: (074) 22789

Beliefs Although a minority in Ireland, the Baptist Family is one of the largest Christian constituencies in the world, with a global membership of some 40 million. Since Baptists do not include in their membership members of their family groups, this points to a total "Baptist Community" of more than double this figure.

Baptists believe that:

- The Bible as God's Word contains all things necessary for belief and behaviour.

- The Church is the body of Christ and consists of all who sincerely repent and believe the Gospel.

- The Ordinances (Sacraments) of Christ are the Lord's Supper and believers Baptism to be observed as He commanded.

- The Gospel is the good news of salvation through faith in Christ alone and is to be preached to all nations until Christ returns.

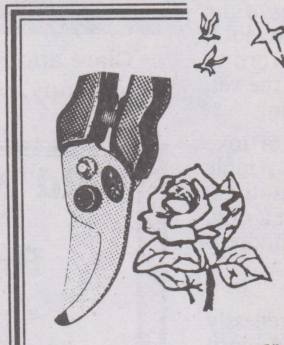
- Christians have a responsibility to promote God's standards in the world and to care for human needs.

Visitors are assured of a warm welcome at Letterkenny Baptist Church.



"Three Leafed Shamrock" sold 43,000 copies for John Kerr and the original version is on his new LP.

July in the Garden



Well! Wasn't June a lovely month and what a lot of colour it brought to our gardens, but those wee demons, Green Fly or Aphids, struck where we least expected them. But the heavy rains and cooler conditions towards the end of the month put paid to them at least for the time being. How we welcomed the few days of rain which refreshed all our plants both veg. and flowers, but it was a pity the rain was accompanied by the strong winds which can wreak havoc with our taller grown perennials. It is always advisable to stake these during the early stages of growth. Plants like Lupins, Achilleas, Alstronérias etc. are very vulnerable to summer storms, so a little precautionary measure should be taken if we want them to look their best.

Roses now are in full bloom and looking a treat. Be sure to dead head them, cutting back to the first leaf and be on the look out for signs of

black spot or mildew. Multi-rose does a good job here. As well as a preventive against any of the rose diseases, it is also a foliar feed and keeps your bushes healthy throughout the growing season. Obtainable from any of the stores or garden shops.

Lupins respond well to the dead heading system, giving you a reasonable good second crop in late Aug-Sept. Keep an eye out for slugs and snails around your bedding plants, especially on a damp day, and scatter U.C.I or Murphy's pellets. This month should see us using the first of our veg. crops, i.e. potatoes, carrots etc. When you have a patch cleared, rake over the soil and plant some later cabbage plants and Curley Kale for winter use, raking in some general fertiliser. And don't forget, keep that hoe busy and the weeds will curse you for it.

I. J. Cowan



Pastor Edwin Ewart and his wife, Alicen.

It's the comedy version of "broadcast news". No sacrifice is too great for an exclusive eye-witness account, where the stop-press pressures are non-stop for scoop reports on sex and violence, and that's just behind the cameras! Where headliners Kathleen Turner (Romancing the Stone) Burt Reynolds (Heat) and Christopher Reeve (Superman) are a love triangle caught up in the murder story of a lifetime. It's a good show to watch, and since it's PG, all the family can have good entertainment.



Funny Farm (PG) Chevy Chase

Now what can be said about Chevy Chase, only that he's funny, witty, rambunctious, and he is all this in "Funny Farm". Chevy chases his farm house fantasies to Redbud USA, but his urban dreams become a suburban nightmare when it fails to match up to his cosy vision of a picturesque town, full of folksy charm. All thoughts of peacefully living in idyllic rural utopia are thoroughly and hilariously shattered, because the wacky eccentrics, populating this crazy community, should all be certified! This film is hilarious.

Good Morning Vietnam (15)

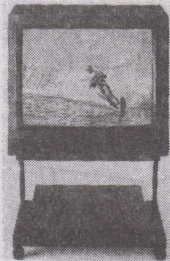
Academy Award nominee Robin Williams, shakes up 1965 Saigon in the role the critics agree he was born to play - irreverent, non-conformist deejay, Adrian Cronaner, imported by the army for an early a.m radio show, the G.I.'s love him, but the top brass is outraged! Riddled with side splitting comic bombshells and studded with hot 60's hits, the film depicts Cronaner's raucous Saigon adventures amid a world gone mad. Good Morning, Vietnam is a direct hit. The classic Robin Williams comedy is not only a comedy, it has a serious tale to tell at the end about friendship.

Midnight Run (18) Robert De Niro Charles Grodin

Robert De Niro plays a bounty hunter who's after Charles Grodin, a sensitive accountant, who embezzled \$15 million from the mob, gave it to charity, then jumped bail, It turns into a cross country chase with the FBI after Grodin to testify, the mob after his measurements for a concrete suit, and De Niro just after him to shut him up! If someone else doesn't do the job, the two unlikely partners may end up killing each other in this hilarious, action filled blockbuster from the director of Beverley Hill Cop, Martin Brest.

Top 10 Videos

1. Midnight Run
2. Coming To America
3. Colors
4. High Spirits
5. Funny Farm
6. Switching Channels
7. Big
8. Young Guns
9. Rescue
10. Iron Eagle II



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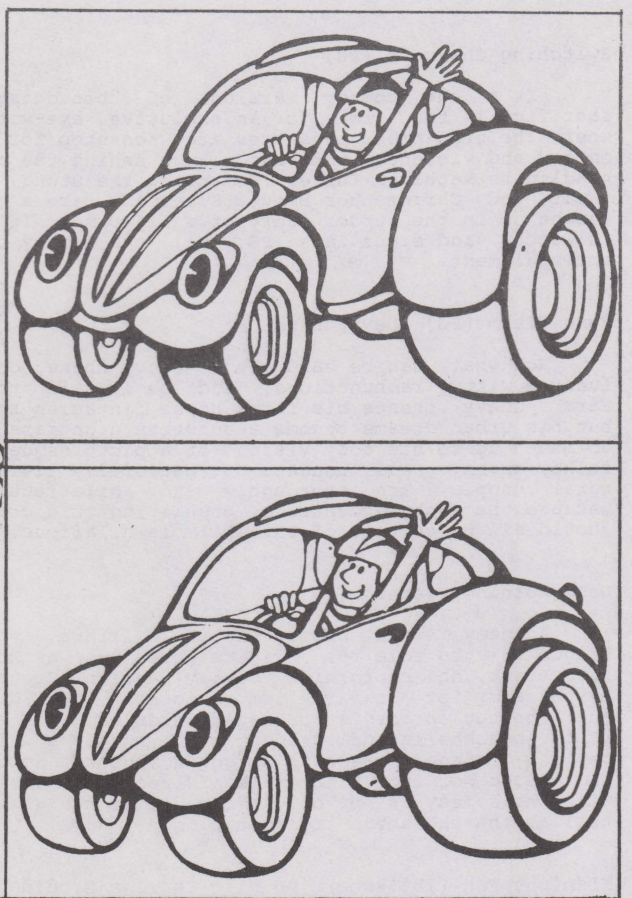
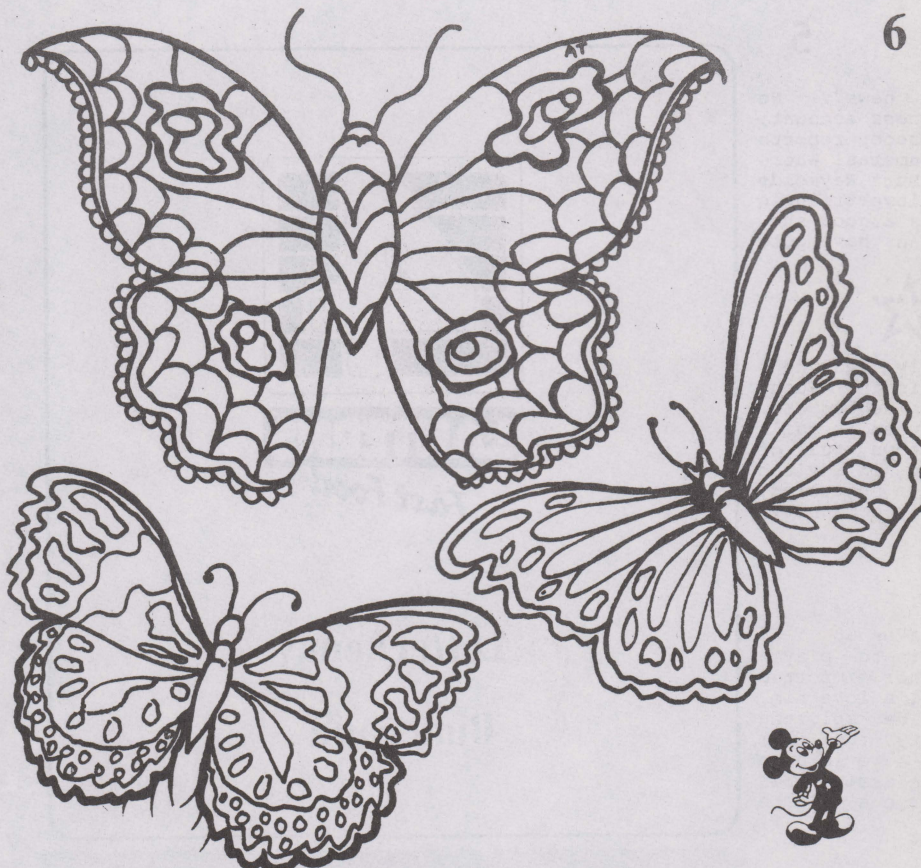
Enquiries to:

Charlie McCole, Dungloe, Co. Donegal or Phone Kincasslagh 10

A very young Margo with the Kenotes in the early 60s



This old photograph of the Lagg Church outside Milford will bring back fond memories to our older readers.



UNDER 10 PAINTING COMPETITION

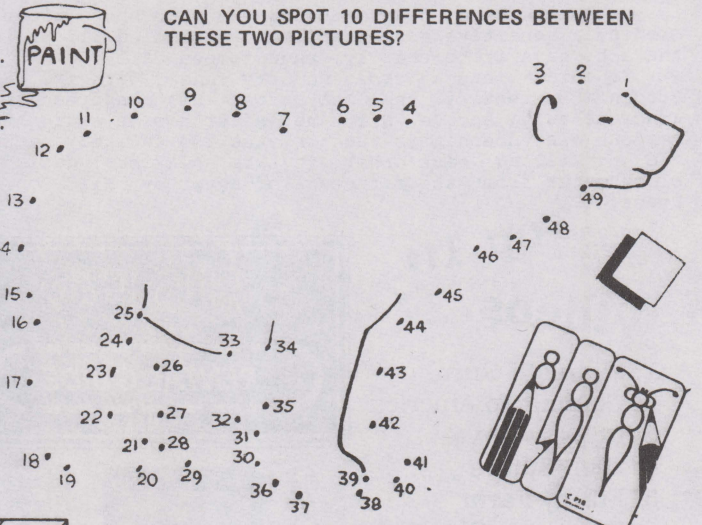
Name
 Address
 Age

Prize: Pencilcase, crayons, markers, coloured pencils.

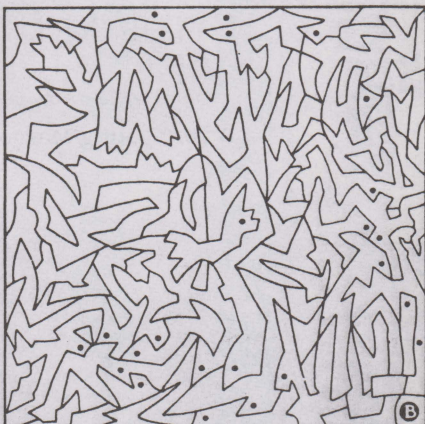
Last month's winner

Grace McFadden, Meenderrygamph, Gweedore

**"LEADER",
 Lower Main Street,
 Letterkenny.**



SAM SPUDZ
CRISPS
SNACKS
 Burger Bites
 PEANUTS
 Irish Snack Foods Ltd.
 Déanta i nGaoth Dobhair



Shade in every fragment which contains a dot - what have you got?



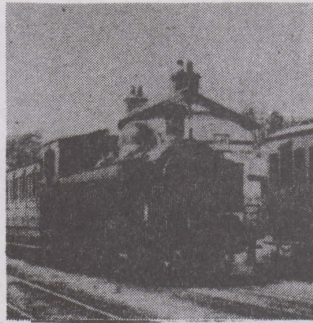
THE GRIZZLY BEAR DERIVES ITS NAME FROM THE BROWNISH HAIR TIPPED WITH WHITE WHICH GIVES A GRIZZLED APPEARANCE

THE GRIZZLY WEIGHS FROM 800 TO 1400 POUNDS.

THE GRIZZLY AT ONE TIME RANGED FROM THE GREAT PLAINS TO THE PACIFIC OCEAN OF THE UNITED STATES. NOW THE GRIZZLY IS FOUND MAINLY IN PARKS OR NATURAL PRESERVES.



Forget it no, not should I live
to get the old-age crown.
The morning that I took the train
at Letterkenny town.
The engineer gave a tootle out
the guard did loudly scream,
"You big-headed idiots you
how dare you waste the steam".
Another crash! another bang!
and I thought that we were off,
But the engine was hysterical
or had the whooping cough.
"We're far too overloaded boys"
the guard did loudly bawl,
"Throw off that half a dozen whisks
consigned to Hughie Coll,
That gallon jar of whiskey
for McClafferty, Churchill
And Buchanan's gross of hair-pins,
there, that's that on the bill".
We scarcely had got started
when a native overtook,
Calling "Hi, you there -
let me have a look".
He had merely stopped to ask us
if we met a stray buck-goat,
We told him "no" and prayed and
hoped
we would not meet the brute !
For should he butt the boiler
he'd put his head clean through,
If he tried to buffer plate
that might withstand the strain,
But the danger was nonetheless
he might derail the train.
The gradient now is all our own
which proves a friend indeed,
For a great big bull of Rutherfords
intended us to spill,
With heaving flanks and tail erect
pursued us to Churchill.
We scarcely had apt started
when a voice fell on my ears,
A voice I'll still remember,
should I live a thousand years.
T'was that old timer
the Master Jack Delap -
shouting, "Will you get a move on
there
and shift this heap of scrap".
"Full steam ahead, full steam ahead"
should the Guard McCool;
"Full steam my eye!" the fireman said
sure there's not an ounce of coal.
The bearings too are all red hot
and there's not a drop of oil".
"Well spit on them and cool them",
said the driver Hughie Boyle.
"Alas, alas", the driver says,
"This is a pretty pass,
Will someone go to Morrison's
for the lend of his jackass,
Or better still, try old Dick Graham
he's not a bad old sort,
For a creel of peat to steam us
from Churchill to Burtonport".



Swilly Train arriving at Letterkenny

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GLENCAR,
LETTERKENNY.

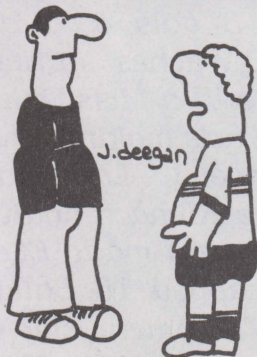
(074) 21982



Rev. Brian McGlynn, Ballymacool Terrace pictured with Kathleen McGeever and May Vaughan after his ordination in St. Eunan's Cathedral on Sunday, 2nd July.



Ballymacool Tce. residents welcome home Fr. Brian



"My Dad isn't exactly a Garda, but he helps them a lot with their enquiries."

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Top Quality Blinds.
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Bridal group pictured after the marriage of Marion Wilson, Bogay, Letterkenny, and David McMahon Trentagh, Letterkenny. The bride was attended by Ann and Elaine Wilson. Best man was Robert McMahon and groomsmen was Stephen Hunter. Their reception was held in Jacksons Hotel, Ballybofey. Photograph by Dermot Donohue Studios, Letterkenny.



Tony Kelly, Main Honda Dealer making a presentation to Paul Gallagher of the C.Y.M.S. Snooker League at a function in the Squash Club.



Pictured at the C.Y.M.S. Snooker League presentation in the Squash Club.

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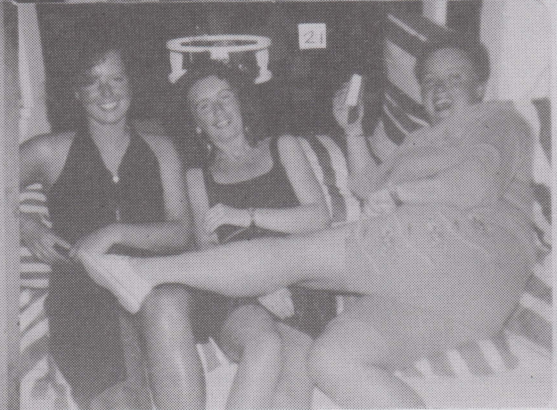
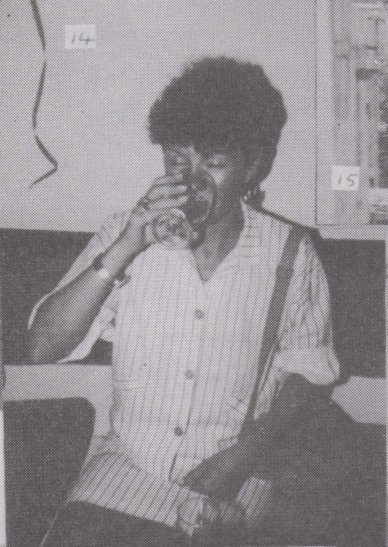
For all your marriage guidance problems contact the expert - Mary M.

1. Meet little Leesa
2. Mad bloody crowd
3. John & Linda say cheese
4. Tony displaying the new type of know for ties.
5. Denis having a quick drink on the job
6. The Dollis Hill Crew - the Top Six Donegal Chippies in London.
7. Donegals answer to Stephen Roche.
- 8 3 gals & a doggies
9. Love hurts
10. Witches stirring their brew
11. Miss World & Miss Universe
12. Helen & Linda (Who's making a habit of appearing on this page)
13. Lady was hungry so Lady visited the Kilmacrennan Cottage
14. All those dinners made Eileen thirsty
15. Michael snapped
16. Ballymacool Tce. boys 'n girls
17. Camera shy young ladies.
18. And camera shy in Glencar
19. Ballyboe youth
20. Leo shows off a 4.5 lb. trout caught on Lough Colmcille
21. Fab time at El Paradise.

GUESS WHO? →

GUESS WHO?

9



WHAT'S ON

10

McCarry's

July 4th	El Paso
15th	Dessie Rodgers
16th	Janet
20th	Joey McDaid
21st	J.J. Sound
22nd	Country Express
23rd	San Quentin
27th	Colm Gallagher
28th	Lifestyle
29th	Folklore
August 3rd	Hart Brothers
4th	Joey McDaid
5th	Timeless Project
6th	El Paso



"John - this is Peter.
Peter - this is goodbye!"

The Hide Out

Sat	15	Mates
	16	Starlight
	22	Dolan Family
	23	Ally Black & Co.
	29	Hobo Bill
	30	Mary Ferry

The Port Centre

Bingo every Mon. & Fri. 9.00

The Port Bar

Music: Mon Twilight
Tues Country Code
Thurs Clement Clarke

McClafferty's

Every Sat Dancing
Sing Song in Bar every Sun. night
Every Tues - Irish night

Clem's Place

14th	Timeless Project
16th	Seamus Harkin
20th	Sugarfoot (Bar ext.)
21st	Janet
22nd	Timeless Project
27th	San Quentin
28th	Barleycorn (Bar. ext.)
29th	El Paso
30th	The Peasants

McGinleys

Coming attractions
Sat 15th - The Limits
20th Gerry Grennan
22nd Ego Minefielo
27th Sugarfoot
Regular music session Sun
afternoons
Mon night - folk and trad.

Peadars

Lunches Mon to Fri.



Bean uoz ere.



Adh mor in Clones, Dun na n Gall.

It doesn't cost anything to have dances, functions, pub entertainment, etc. included in our what's on guide. So don't delay...send details of what's happening in August to: "The Leader", Lr. Main St., Letterkenny.

Wedding Anniversary

Congratulations to Anne & Ernie McGarvey, Ramelton (5th July)

GOLDEN GRILL

Fri. OVER 20s DISCO in Bellas
Every Sat. UNDER-20s DISCO in MILL. CLUB
OVER-20s DISCO in BELLAS
Sunday OVER 20s DISCO in BELLAS
Monday - LADIES Wed. - OVER 18s
and of course you just can't beat
Bella's Thursday Disco
DINING ROOM OPEN THURS.-MON., 6 p.m.-1 a.m.

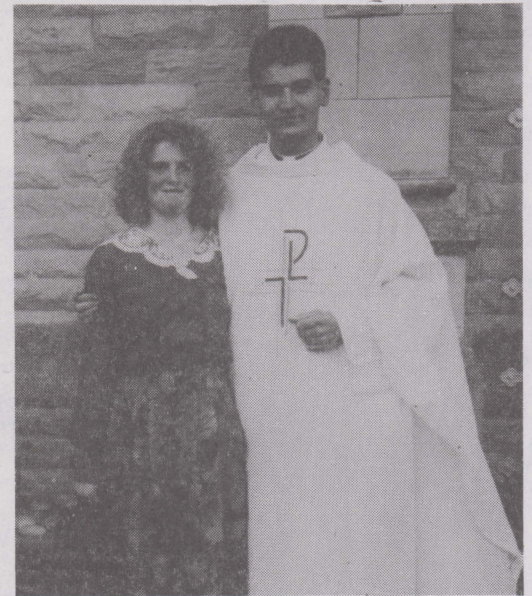
THE PORT BAR

PORT ROAD, LETTERKENNY. Tel. (074) 22689

Music: Mon - Twilight Tue- Country Code
Thurs - Clement Clarke

Bingo - Mon. & Fri. 9.00 p.m.

Bar Lunches: Mon. - Fri. 12.00 - 2.30 p.m.



Rev. Paul McDaid, McNeely Villas pictured with his neighbour Sonia Pyper after his ordination in St. Eunan's Cathedral on Sunday, 2nd July. Paul was baptised in St. Eunan's Cathedral on 2nd July 1965. His mother and father celebrate their 25th wedding anniversary during the first week in August.

Lá Breithe

- Ben, Lettekenny, July 28th
Alison Boyce, Letterkenny (18) July 22
Helena Doherty, " (18) July 10
Justine Mullan, " (18) July 25
Sharon Kelly, " (21) July 8
Sandra Pyper, Oldtown, (21) July 14
Amanda Edwards, Aughnish, Ramelton (6) July
Emma Edwards, Aughnish, Ramelton (7) June
Anne Lynch, Letterkenny, 11th July.
Anne McGarvey, Back Lane, Ramelton (40) July 3
Emer Beirne, Pharmacy, Gen. Hospital, July 27.
Jonathon Edwards, Aughnish, (4) June 18

Joe Gallagher (Lr. Main St.) says "Sam is coming to L/K this year."



Letterkenny group in the 50's

(Photo by the late Francie McLaughlin)

CANCER: (JUNE 22 - JULY 21)

A change of scene is indicated and it could be just the thing to get you out of the doldrums. If an opportunity to travel comes your way, don't hesitate - grab it!

LEO: (JULY 22 - AUG 21)

A situation at work could prove misleading this month. You are advised to get to the root of the problem and bring any differences out into the open.

VIRGO (Aug 22 - Sept 21)

You are in a rather serious mood these days but it's time you took things easy again. It's Summer you know, so go out and enjoy yourself. Lucky colour - green.

SCORPIO (OCT 23 - NOV 21)

Either a friend from the past or a new companion will bring you much support in a coming crisis. With their help you can weather the choppy seas and after that it's plain sailing. But it's good to have that friend around!

SAGITTARIUS (NOV 22 - DEC 21)

Love is very much on the cards at the moment and there are exciting times ahead. But go easy on the cash - remember to share the bills as well. Lucky dates - 17th and 24th.



CAPRICORN (DEC 22 - JAN 20)

This is a good time to devote a few days to renewing friendships with relatives and neighbours. They might need you now and you might need them later on so you know what to do.

AQUARIUS (JAN 21 - FEB 19)

A conversation you overheard at work would be best forgotten about. If you go on thinking about it, it could cloud more important issues. Remember - sticks and stones...etc

PISCES (FEB 20 - MAR 20)

If you are invited to a party accept the offer for you could meet somebody really interesting. Wear something blue for luck - and keep your fingers crossed. Lucky days 20th and 25th.

ARIES (MAR 21 - APR 21)

Avoid loud and aggressive people especially in your social life and concentrate on a quiet life in general. You will reap the rewards towards the end of the month if you have the patience.

TAURUS (APR 22 - MAY 21)

If things were a bit too slow for you liking recently, don't despair. Things will soon be swinging and you'll love every minute of it. Hope you'll have enough energy!

GEMINI (MAY 22 - JUNE 21)

There will be changes in your closest relationships and some of them may mean partings. Don't let this get you down as things will definitely work out for the better in the long run.

BAKED BANANA WITH ICE CREAM

- 3ozs brown sugar
- 3/8 pint orange juice
- 12/ teaspoon mixed spices
- Grated rind of half an orange
- 1oz butter
- 2 tablespoons sultanas
- 3 tablespoons rum (optional)
- 6 bananas
- One block vanilla ice cream

Peel the banana, cut in half lengthwise and place in a flat ovenproof dish, previously buttered. Heat the orange juice, brown sugar, sultanas, grated orange rind and butter all together until syrupy. Pour over the bananas. Bake for about 15 minutes in a hot oven (425 deg. F, gas mark 7) and serve hot with the ice cream. If you are using the rum, heat it, set alight and pour over the pudding at the table.

you could even take a tube of detergent and travel iron - in other words you don't need 14 pairs of socks and 28 shirts! Don't take more make-up, perfume, shampoo, shaving lotion etc. than you will need; buy little bottles or decant your supplies into small lightweight pots. Pack them in waterproof bags as an extra insurance to protect your clothes.



Before you pack, gather everything on your list together and decide if you are really going to use it all - you can probably halve the pile. Pack shoes against the case hinge. You can minimise the creasing of many clothes by folding them lengthways and then rolling them up, fold dresses and suits as flat as possible and pack them in the top half of the case.

Reduce the risk of burglary by only writing your house number, postcode and destination address on the outside of your luggage; put full details inside. Don't carry money or documentation in your suitcase. If travelling with a companion "cross-pack" then if a suitcase gets lost you will reduce the consequent discomfort. Check locks and put a strap around your suitcase for extra protection and easy identification.

A simple alternative to packing your suitcase is just to load your wallet - travel with an empty suitcase and buy everything when you get there!

Household Hints

Never peg shirts and blouses on the line from the bottom. The strain on the top part is too much and will wear out the bottom. Always peg at the shoulder.

On an account soak vegetables in cold water before cooking. It will only make them lose their mineral salts.

Packing Check List

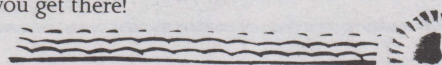
- SUITCASE
- DAY AND EVENING CLOTHES
- SHOES
- BEACHWEAR
- FASHION ACCESSORIES
- UNDERWEAR
- NIGHTCLOTHES
- BEACH TOWEL
- TOILETRIES AND SUNCARE PREPARATIONS
- FIRST AID KIT
- TRAVEL IRON
- HAIRDRYER
- HAIR STYLER
- SHAVER
- TRAVEL ADAPTOR/TRANSFORMER
- TRAVELLERS LIQUID DETERGENT
- SEWING KIT
- UMBRELLA
- ALARM CLOCK
- HAND LUGGAGE
- ALL TRAVEL DOCUMENTS
- INSURANCE POLICIES
- VACCINATION CERTIFICATES
- DRIVING LICENCES
- TRAVELLERS CHEQUES
- EUROCHQUES AND EUROCHQUE CARD
- CAMERA AND FILM
- JEWELLERY
- TOILETRIES
- PRESCRIBED MEDICINES
- MAKE-UP
- CHANGE OF CLOTHES
- SWEATER OR SHAWL
- "GOING ABROAD"
- BOOKS AND MAGAZINES
- SUNGLASSES
- *CARRY PASSPORT, MONEY, CREDIT CARDS AND KEYS ON THE PERSON.

Packing Up

If you always come back from your holiday having used the entire contents of your suitcase, you won't need to read on. For the rest of you here are a few tips on how to avoid excess baggage charges, muscle strain, or worse still, the embarrassment of your over-stuffed suitcase spilling out all over the tarmac! Consider what type of holiday you are going on and how important your appearance is going to be; think carefully about your needs and then make a list.

Choose a simple colour scheme and try to stick to it, by changing your accessories you can look casual during the day and dressed up at night. Make sure you pack clothes which are as flexible as possible and try to apply the same rule to shoes - they're heavy and use up lots of space in your case. Take loose lightweight clothing made from natural fabrics, they allow the air to circulate more easily which helps you to remain cool.

If travelling with a companion it is usually a good idea to check out what they are planning to take to avoid duplication. Don't forget that there are laundry facilities abroad or



THE SAMARATIN 12

When Mr. Anthony Delap of Gweedore (God rest him) was manning Cashelnagore station in his young days, a young man from Meenderry nearby came home from Scotland afflicted by some incurable disease. His untimely end was inevitable, but to give him the maximum of relief the Scottish Hospital in which he was a patient, gave him a month's supply of certain pills assuring him that the longer he kept taking them, the longer would be his expectations of life. Things went well while the supply lasted, and though he contacted many chemists in three parishes with his prescription, not one of them could supply them. Eventually he was informed that the only place stocking them was a certain British-based pharmacy in Derry and that they would cost him over a pound for a month's supply. Irrespective of the price of the pills, Derry was a long way from his home, involving further expense which resulted in the poor fellow being at this wit's end as to what he should do. Then someone thought of the train that went to Derry at mid-day and returned the following morning without fail. The only trouble now was getting some member of the train staff to undertake the responsibility of procuring the pills and bringing them home. Tierney was the only person who resided in the city and knew where the pharmacy was, so it seemed to Mr. Delap to be his best chance when the man came to his office one day and poured out his pathetic story. Being all his life a kind and compassionate man the station-master told the anxious man that he would do everything in his power to assist him, by explaining his predicament as appealingly as possible to Tierney. The man then left a pound note on the table and set off home in high spirits.

When Tierney came in the next day to convert his money, Anthony told him the whole story from beginning to end and to his great surprise the driver volunteered to do the mission without a murmur. He was back the following morning with the pills. So every month without fail the man left the money and the driver delivered the medication. But a certain month came and the man failed to appear. Tierney wondered about this, and asked the station-master whether the man died. Anthony assured him that he was still alive, while he suggested the possibility of the man's resources having run out, being so long without work. Tierney said nothing, but when the down-train arrived the next day there he was with the pills in his hand. For a further two years he delivered the packed without fail, and never



once in the course of all that time did he mention the money he was obviously due.

Then one day when Tierney entered the office to convert his five-pound note into silver, the station-master told him not to get any more pills because the man had died the previous night. Tierney seemed genuinely distressed.

"Did he leave any of a family?" he asked Mr. Delap.

"A wife and three children under twelve." Anthony told him.

Tierney laid his fiver down on the table while the station-master went to the safe to take out some silver. When the pile was counted out, he raised his head to find that Tierney was not there.

By Brian O'Byrne

Thinking that he must have forgotten, Anthony grabbed the silver and ran out on to the platform as the driver was about to board his engine.

"Mr. Tierney" Anthony shouted you have forgotten to take your money. He waved an arm in a manner that implied that it did not matter.

"Send it to the man's wife and children" he shouted with a smile, God knows they need it more than I do."

Orange or blue, eccentric or not, Tierney was a man of God to have done so much for people whom he never met in his life.

Yeats' Ireland

Last week I attended launching of a book. Its title is Yeats' Ireland, and it is described as an illustrated anthology. It is edited by Benedict Kiely and the illustrations must be seen to be appreciated. Book lovers buy this book.

What a wonderful poet was William Butler Yeats; a poet for all seasons indeed, but what an insight he had into the hearts of the Irish people and into the future.

In September 1913, he wrote:

"What need you, being come to sense,
But fumble in the greasy till,
And add the halfpence to the pence
And prayer to shivering prayer until
You have dried the marrow from the
bone ?

For men were born to pray and save:
Romantic Ireland's dead and gone
It's with O'Leary in the grave".

Paddy Tunney

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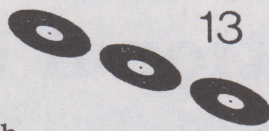
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Top 10 Singles

- | | |
|-------------------------------------|-----------------|
| 1. Back to life | Soul II Soul |
| 2. BatDance | Prince |
| 3. Song for Whoever | Beautiful South |
| 4. All I Want is You | U2 |
| 5. Sealed with a Kiss | Jason Donovan |
| 6. Right Back Where We Started From | Sinitta |
| 7. I Drove All Night | Cyndi Lauper |
| 8. Licence to Kill | Gladys Knight |
| 9. It is Time to Get Funky | D Mob |
| 10. Joy and Pain | Donna Allen |



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Courtesy of Letterkenny Tapes, Shoppin Centre



A top selling LP and a guest appearance at the Mary from Dungloe festival, from Charlie and the Playboys.

The Country Clones

Almost weekly we have another new country singer launched on a vastly over-crowded country market, with a publicity tag "Ireland's new Daniel O'Donnell". Names from John Hogan to Joe Murray are all jumping on the Daniel bandwagon. Even established names such as sandy Kelly is seeking publicity with her "Tribute to Patsy Cline". Faded names such as Larry Cunningham and Jim Tobin were "Ireland's answer to Jim Reeves", and names from Brendan Bowyer to Frank Chisum became the Elvis Presley clones. Today record buyers or dancers do not want poor cover versions of Daniel, Jim Reeves, Patsy Cline, Elvis etc., they want real original talent. With the lack of fresh original ideas, country music remains in the doldrums, and the disco boom remains the number one in dancing entertainment.

Celebration Time at Leo's

"Teach Tabhairne Leo" in Meenaleck will celebrate its 21st anniversary with a week-long programme of the bets in pop, rock, country and folk from July 14th. The venue was established by musician Leo Brennan, when he disbanded his famed Slieve Foy Showband in the late 60s, and it was the venue where names such as Clannad, Enya, Daniel O'Donnell, first appeared in public. The walls of "Teach Tabhairne Leo" are littered with Silver, Gold and Platinum accolades awarded to both Clannad and Enya. Over the past two decades television and radio crews from Ireland, U.K. and Europe have visited

the venue and top entertainers such as U2 members enjoyed a night or two there. During the 21st anniversary celebration week, leading names will be in action, including the re-union of Leo's famed Slieve Foy for a trip down memory lane. We wish Leo and company all the very best for the next 21 years ahead.

What a Fiasco

They say never share the publicity spotlight with children, animals, or indeed politicians. And pop band Royal Flush will confirm this, after they invited An Taoiseach Charles J. Haughey to attend the launching of their single in Irish "Is Leatsa I". An Taoiseach got the media attention, while Royal Flush and the composer rock journalist Ruaidhri O'Baille got little or no press coverage. Even Radio na Gaeltachta have failed to give this pop offering much air-play on their programmes. So Royal Flush are not flushed with success after "Is Leatsa I", a pop fiasco.

The Same Dull Show Repeated

Oh I wish that festival committees could sit down, and organise something different for their annual summer festivals. A look at any programmes will reveal, yes a Bonny Baby Contest, Mr. and Mrs. Contest, Glamourous Grand Ma and Grand Da events, Donkey Derby, Treasure Hunt, and that boring Grand Parade competition, with all the bands appearing at each festival playing the same dreadful tunes. And the highlight of the festivals seems to be another "Beauty Contest", with the girls looking



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Dep. Sligo for Donegal	8.00 p.m.	12.00 p.m.	10.30 p.m.	6.00 p.m.

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FEDA O'DONNELL COACHES

Top 10 Albums

- | | |
|-----------------------------|----------------|
| 1. Batman | Prince |
| 2. Club Classics Vol. 1 | Soul II Soul |
| 3. Ten Good Reasons | Jason Donovan |
| 4. Don't be Cruel | Bobby Brown |
| 5. Raw Like Sushi | Nenah Cherry |
| 6. Past Present | Clannad |
| 7. Appetite for Destruction | Guns n Roses |
| 8. Flowers in the Dirt | Paul McCartney |
| 9. A Night to Remember | Cyndi Lauper |
| 10. The Miracle | Queen |

as bored as the audience at each event. Even the tourists now regard such "festivals" as just an excuse for extended pub hours, and the entertainers on stage are well over their sell-by date. News ideas are long, long overdue. By the way, the Burtonport Festival starts on the 22nd, and Mary from Dungloe on the 29th.

Sing Along on Disc

Well after a chart trip for Clannad and Enya, we have a host of new recordings from local talent. Dolphin Records re-issue two albums from John Kerr, "Three Leaved Shamrock & Other Irish Hit Songs", and "John Kerr Sings Country and Irish". Altan featuring Mairead and Frankie have called their album "Horse With a Heart", and pop wise "have a God Time with the Playboys" is enjoying good air-plays in Scotland for the Lifford popsters. 2FM have included Pluto's "Irresistible" on their playlist, and a peace song from Margo entitled "A New Tomorrow", on cassette an EP "My Birthplace Donegal" from Downings country singer Donal McDevitt. In the studio were the Malfunctions, and Daniel, but still no word of a new song from country star Seamus McGee.

The Fun Chart

- | | |
|------------------------------------|--------------------|
| 1. Help | Charlie J. Haughey |
| 2. What ever you say, say nothing | The Dail Deputies |
| 3. Oh Lord, it's hard to be humble | Dessie & the PDs |
| 4. Sealed with a Stitch | Barry McGuigan |
| 5. My Brave Face | Alan Dukes |



Local drivers Daniel Connaghan & Michael McNulty, Milford, coming up Knockalla during the Donegal rally.



Former winner Vincent Bonner, Dungloe, comes screaming up Knockalla. This was not to be Vincent's year, though! The winner was Welshman David Llewellyn, however we congratulate all the local drivers who took part, especially last but not least, Donegal veteran Dick Hanlon from Maghera, Dungloe.



An Extraordinary Donegal Senior Football Championship



The 1949 Donegal Senior Football championship must go down as one of the most extraordinary in the county's history. It was won by Gweedore after they had to replay a match they claimed they won, and then threatened not to play the final against St. Eunan's of Letterkenny because the venue was Glenties.

Gweedore had been champions in 1944, 1945, 1946 and 1947, but had been dethroned by St. Eunan's in 1948. The Gweedore men were all out to regain what they had come to regard as "their" title, in 1949.

They did not begin too impressively, only winning sectional honours in a play-off with Gweebarra. On July 27, 1949, they clashed with Ardara in the semi-final - and clashed is the operative word. The game was a hard, bruising affair, and at the end the referee, then county treasurer, Mr. C.J. O'Boyle, had to be escorted off the field as angry spectators, who he claimed were Gweedore fans, attempted to attack him. He reported to the County Board inquiry into the scenes that only prompt action by Gardaí and "some fair-minded spectators" saved him from injury. "It got very rough handling", he told the County Board meeting. The Gweedore club was incensed at what it regarded as unjustified criticism of its fans, and demanded to know "how the referee knew that the people who attacked him were Gweedore supporters". But Gweedore representatives, school teacher, Mr. J. Gallagher, had an even more vital point to make. He claimed that the match had not ended in a draw as the referee's report had indicated. Mr. Gallagher told the Board that while the referee had given a score of Gweedore 2-4, Ardara 1-7, that was 10 points each, the correct result was Gweedore 2-5, Ardara 1-7, that was a win for

Gweedore by one point. Mr. Gallagher said that a ball sent clearly over the bar between the posts for Gweedore, was flagged as a point by the umpire, but the referee, in contravention of the rules, had disallowed the score.

The first match had been played at Dooley and the Board fixed the replay for Ballybofey on August 21. There was a grimly determined mood in the Gweedore club about this replay, and that mood was clearly shown as the former champions cast off whatever disappointment they might have felt at having to replay. They crushed Ardara 3-9 to 0-3, leaving everyone wondering how they had ever been held by their victims, in the first encounter. So all was set for the final against reigning champions St. Eunan's - or was it? A bombshell was dropped on G.A.A. circles when Gweedore

announced that as a protest against Glenties being selected as the venue, the Gweedore Club was considering withdrawing. But wiser counsels prevailed, and then county secretary Harry Carey, a man whose name will forever be associated with the development of the Association in the county, was able to announce the glad tidings that Gweedore had decided to go ahead with the final confrontation with the side that had denied them a fifth successive title the previous year.

The game aroused tremendous interest, and over 3,000 spectators paid gate receipts of £155, a new record for a Donegal County Final. How times have changed! That attendance would now pay about twenty times that amount! Gweedore believed that they were the best team in Donegal, but many fancied the champions to retain their title.



Foireann Ghaoth Dobhair sna 50's

Focus ON

HAZEL RUSSELL*Letterkenny Ladies
Hockey Club*

Committee member since its inception, holding positions of P.R.O., Hon. Sec. & Hon. Treas., & V. Chairperson.



Keadue and Kincasslagh schools team in 1983

Full Name: Hazel Russell
Address: Creag na Ron, Ray, Rathmullen
Birth Place: Londonderry
Height: 5' 1.5"
Weight: Variable
Age: Undisclosed
Position: Right wing
Previously associated with: Priorsians/ Sligo Ladies
Married: Yes, to Big Willie
Children: Three, Joanne (6), Nicola (3), Alison (2).
Most Memorable Matches: U.W.H.U. Minor & Junior League & Cup Finals
Most Entertaining Match: Sligo Tournament (1986)
Biggest Thrill: Meeting Willie !!
Biggest Disappointment: Should have played the field longer !!
Best Place Visited: Canada
Favourite Food: Anything cooked by anyone else
Miscellaneous Likes: Squash, Reading, and most outdoor activities, as well as a few indoor ones !
Miscellaneous Dislikes: Ironing, road hogs, hangovers !
T.V.: Not overly keen on T.V. viewing, much prefer a good video.
Favourite Musicians: Phil Coulter, James Last.
Best Friends: Too numerous to mention
Ambitions: Fairly content with my lot so far
Club Ambitions: To gain promotion out of Intermediate League (3rd time lucky)
Biggest Drag in Hockey: Bad umpiring and dirty players !
Biggest Honour: Donegal Sportstar Award for Hockey 1988.
Signature:

Hazel Russell.

(Continued from page 14)

Apart from the rows on their way to the county final, Gweedore also felt irked that when Donegal were put out of the Ulster senior championship by Armagh that summer, only one Gweedore player, Hughie Boyle, was in the county team. Gweedore felt that was far under the representation the team deserved. So it was a real needle match in all senses of the term. And it fully lived up to expectations, the huge crowd seeing a game replete with fine football, thrills and plenty of scores, before Gweedore emerged victors by 2-12 to 3-4. Gweedore struck the first blow, M.J. Gallagher sending M. Carr in to point in the third minute. Before St. Eunan's could recover from that they were hit with another major blow. Anthony Rodgers moved in to a crowded goalmouth to slam the ball into the net. Jackie Gallagher, who was to be one of the outstanding figures in the game, broke up a St. Eunan's attack and a long clearance reached Hugh Gallagher who fisted the ball over the bar. So in five minutes, Gweedore were five points clear. But St. Eunan's were not champions because they were easy discouraged, and they came back to open their account in seven minutes. D. Curran sent a rather half-hit shot from nearly forty yards, but somehow it found its way through to the net.

The dramatic swing in fortunes continued three minutes later, when succeeded in deceiving Gweedore goalkeeper Mulligan

with a shot that curled just inside an upright. St. Eunan's were ahead for the first time. The same player increased St. Eunan's run with a point, following a stylish solo run. It was Gweedore's turn to react to a challenge, and they did it well. "Hudy" Gallagher, who was voted the best attacker of the game, reduced the arrears with a point. Gallagher brought the scores level with another point, but Dolan quickly put St. Eunan's in front once more. P.J. Gallagher for Gweedore and Halpin for St. Eunan's exchanged points, and then just on the interval, P.J. Gallagher equalised to leave a half-time score of St. Eunan's 2-2, Gweedore 1-5, a perfect reflection of the cut and thrust of a lively first half hour. Gweedore, again got the first score of the second half, a point from Joe Gallagher and they stretched their lead with points from P.J. Gallagher and Gillespie. Gweedore were in the driving seat and their tally was completed with scores from Rodgers, P.J. Gallagher and H. Gallagher, while J. McGlynn, who converted a penalty, hit the St. Eunan's final score. The county Chairman, Mr. J. McDermott, of Ballyshannon, refereed the game excellently, and so the curtains came down on a satisfactory note on one of the most drama laden county championships. ever. The teams were - Gweedore - N. Mulligan, H. Friel, J. Gallagher, P. McGee, B. Coyle, H. Boyle, S. Kearney, D. Gillespie, M.J. Gallagher, P.J. Gallagher, Joe Gallagher, A. Rodgers, M. Carr, J. Coll and H. Gallagher.

St. Eunan's - M. Mellett, C. Halpin, J. McGlynn, P. Boyle, P. Dawson, E. McMenamin, P. McGeehan, C. Boyle, T. Woods, P. Dolan, C. Halpin, D. Curran, E. Boyle, S. Curran, M. Curran.

But even then the controversy was not finished. The referee of the Gweedore-Ardara game was not satisfied with the manner in which the County Board had dealt with his report. He lodged an appeal with the Ulster Council, claiming that the County Board had been wrong in exonerating two players, one from each team, mentioned in his report, that the County Board had been wrong in not imposing a penalty on a Gweedore official who had admitted misconduct, that the County Board was wrong when they failed to accept as final, questions of fact contained in his report, and that the Board was wrong to accept as an excuse for the attack on him by spectators, a charge partially made against him by Gweedore delegates. The Ulster Council upheld the appeal by 9 votes to 2 and directed the County Board to deal with the complaint made by the referee. Later, the Donegal County Board asked the Ulster Council to elucidate exactly what was required of them in regard to action to be taken, and on reply from the Council, the Board accepted its direction and took the action mentioned and at last the 1949 championship controversies passed into history.

Agus mar a dúirt duine do luchtleanúna Ghaoth Dobhair a lá faoi dheireadh - "Those were the days".

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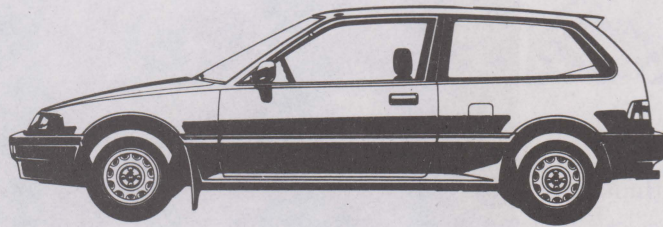
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"My daughter told me about you but honestly I thought she was exaggerating!"



Little twins Bartley and Mairead McFadden availed of the recent good weather to attend swimming at the pool in Rann na Feirste.

They hail from Calhane, Annagry, are 5 years old and their favourites on T.V. are Roadrunner, Thomas the Tank Engine and Bugs Bunny. At present, they're enjoying the long summer holidays from Annagry National School.

THE BRAES OF EDININFAGH

Leave the bedlam of the city and the constant push and grind
 Let the gentle rain from heaven cleanse your soul
 You can sit among the bluebells in the Hazlewoods below
 And refresh your tired body where life has had its toll
 You can lie in beds of fresh green fern by Owenea clear and still
 On the Braes of Edininfagh in the shade of Silver Hill
 Its often now that I go back to childhood memories
 Of brown cows wading belly deep in placid mountain streams
 Or making daisies into chains among the Greenans trees
 Where we saved the hay in harvest its sweet scent is with me still
 On the braes of Edininfagh in the shade of Silver Hill
 I am living now in Holloway where life is fast and free
 And you wouldn't cast a sidelong glance at what passes for a tree
 Where dreams are but a luxury for the ones who tread the mill
 And fortune is the main concern of the ones who man the till
 But someday soon I'll pack it in and if it be God's will
 I'll head for Edininfagh in the shade of Silver Hill

P. Ó Galloir, Londáin, Márta '89

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ROUTE 2: Departs Annagry - Kincasslagh, Burtonport, Dungloe, Cloughan, Twin Towns, Killygordon, Castlefin, Lifford daily.

BOOKINGS and ENQUIRIES:

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