

THE LEADER

Iml. 2 Uimh. 3

September 1989

They've Done us Proud

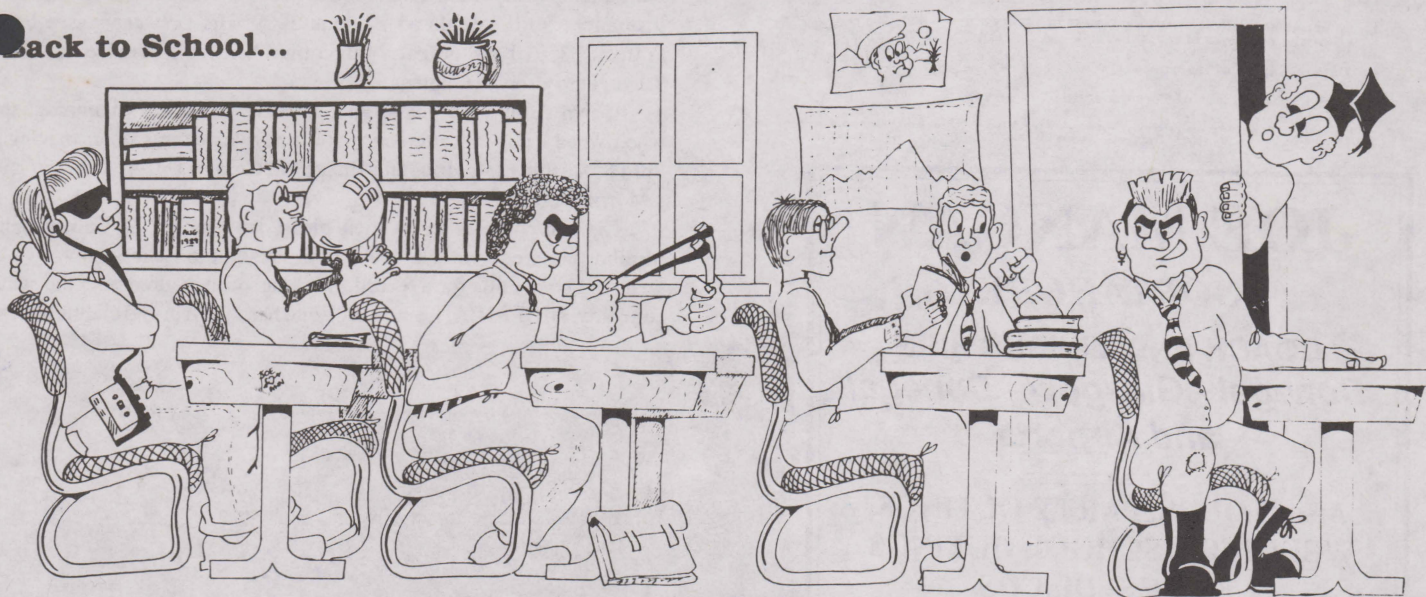


The Emerald Band arriving back in Letterkenny to a heroes' welcome after winning the World Championship in the Isle of Man recently.



Cloughaneely Junior Band who won the All-Ireland at Fleadh Cheoil na hÉireann in Sligo.

Back to School...



DONEGAL'S ONLY MONTHLY MAGAZINE



A Friend

They say a friend is someone nice
 With whom you feel at ease
 Someone who is right on hand
 To cheer and help and please
 Someone who is quick to praise
 and very slow to blame,
 One who overlooks your faults
 And loves you just the same..
 I say - a friend is all these things
 And many more things too,
 And every day you prove it so
 Just by being you !



2

Engagement

Comhghárdeachas Mary McDermott, Moun-
 tain Top agus James Sweeney, Machaire Loisce.



Raspberries

To the people who skip queues.



Roses

To everyone who is kind to cats, dogs and other animals.

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Remember the dark days when Hitler invaded Poland and Europe went to war? Sounds like a very long time ago and it is - half a century in fact, but that's how long Phil McLoughlin who lives at College Road, Letterkenny has been driving. And to prove it Phil showed me his first Insurance Certificate dated 22 June 1939. His first car was a Ford Prefect, IH5010 and he got a full comprehensive insurance in Castle Street, Derry for 10 Guineas.

Down through the years, Phil, a native of Newtowncummingham who owned a pub in Letterkenny for many years remembers driving a Ford 8, Austin 12/4, Hillman Minx, Ford Corsair U4, Ausitn A60 and a Morris Oxford.

Right now he is more than pleased with his '79 Volkswagon Minibus pictured here which is a familiar sight in Letterkenny.

And how's this for a record - Phil has been insured with the same company, HIBERNIAN, since 1939 and has a 50 years no claims bonus.



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Certificate No. PG/NIC/511330.(E)

1. Index Mark and Registration Number of Vehicle **IH. 5010.**
2. Name of Policy Holder **Philip McLaughlin.**
3. Effective date of the Commencement of Insurance for the purposes of the Act **22nd June, 1939,**
4. Date of Expiry of Insurance **24th May, 1940.**
5. Persons or Classes of Persons entitled to drive*
 The Policyholder.
The Policyholder may also drive a Motor Car (or Motor Cycle) not belonging to him and

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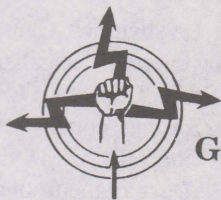
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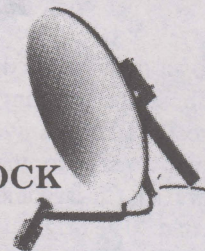
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September in the Garden

September can be quite a busy month in our gardening calendar as this is the time that we look ahead to planning and planting our spring borders. Most of our annuals will be over their best by the end of the month so dig them up and put them in the compost heap. Fork over the beds and add a little general fertilizer and plant your spring bedding plants. Wallflowers, Sweet Williams Pansies, Polyanthus etc. It is very advisable to get them in while the soil is still warm so that they are well established before winter frosts take over and they get off to a good start in the spring.

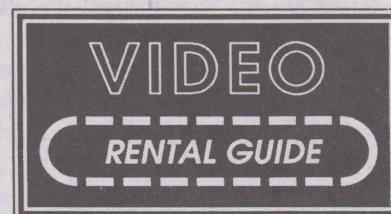
One of the annuals we shouldn't uproot is the Antrihiniums. They are the most valuable of all annuals, flowering late into the season until the first frosts. Keep dead-heading them as the season advances and leave them undisturbed over the winter. If we are lucky to have a mild winter they will survive and early summer will reward you with a colourful display when your garden is a bit short of colour. Even if we do have frosts, if you can give these plants a bit of protection it will be well worthwhile. Any old containers up-ended over them should give adequate protection from the frost and strong winds. Don't keep them covered all the time, only when necessary and keep a look out for slugs and snails.

September is the best month to plant out daffodil and narcissi bulbs as they are well established before colder conditions set in. These bulbs are not too choosy as they will grow successfully in any type of soil either acidic or alkaline but of course, it must not be waterlogged over the winter months. Quite a variety to choose from in the shops just now. Of course you can still plant them successfully in October but make sure the soil is not too wet as too much dampness retards growth and they won't give of their best come spring.

Mid November is ideal time for tulip planting and if your soil is on the heavy side, dig in soem sand or a more effective method is to place about a tablespoon or sand or grit at the bottom of the planting hole, place the bulb on the sand and cover over with soil. That should keep the bulb snug and dry throughout the winter. Don't be tempted inot planting your tulips too early as they can put on a premature growth which can't resist heavy frosts and they are seriously retarded.

Planting Tip: Plant your tulip bulbs between your wallflowers plants and they make an attractive combination, both colours blending together nicely.

I.J. Gowan.



A Fish Called Wanda

A tale of murder, greed, lust, revenge and seafood. Well, first of all, this pompous barrister Archie (John Cleese) falls in love with a keen diamond collector and accomplished minx, Miss. Gershwitz (Jamie Lee Curtis). Second, she's already seeing Otto (Kevin Kline) a fish-eating Buddhist Rambo who thinks the London underground is a political movement. Third, Otto himself is strangely attracted to Ken (Michael Palin) an animal loving multiple dog-killer with a chip on his nose. I tell you, it's sink or swim around here. (Cert 15)

Blood Sport

Enter the Dragon with a difference- Jean-Claude Van Damme, the new Martial Arts Legend, in his first starring role. Every five years a secret event takes place in a stadium hidden deep within the heart of Hong Kong. A trial of strength few people know exists and even fewer people dare to talk about - the Kumile, a freestyle Martial Arts Contest to the death. Frank Dux, a Defense Intelligence agency commando will enter this brutal arena in tribute to his Ninja instructor. His vicious opponent, the last Kumile champion and world Tae Kwan Do Master. And there is no retreat and no surrender as Dux faces the deadliest challenge of all in the final bloodbath. (Cert 1)

Shot Circuit 2

Number Five, that incredible lovable robot from the smash hit "Short Circuit" is back and taking the big city by storm in this action-packed comedy adventure for the entire family. Upbeat, Number Five's out for some "urban input", but some street hoods, a greedy banker and a gang of crooks see his naivety as their high-tech ticket to easy-street. Will Five survive the big bad city and its bad back city slickers? Keep your wires crossed when you with on to this high voltage movie. (Cert PG)

Sandra Stewart

Flowers Flowers Flowers

This is the time to plan your Spring border by planting wallflowers, Sweet Williams, Polyanthus, Pansies etc. All obtainable at reasonable prices from

I.J. Cowan
Drumgumberland, Convoy,
Phone: 47149



Video Top 10

1. Bloodsport
2. Red Heat
3. A Fish Called Wanda
4. Short Circuit II
5. Stand & Deliver
6. Caddyshack II
7. Hann's War
8. Nico
9. Big Business
10. Like Father Like Son

Courtesy of Video King

The Presbyterian Church

For over three hundred years there has been a Church or "meeting-house" on the Main Street in Letterkenny. This has been the place of worship for that branch of the Church of Jesus Christ commonly known as Presbyterian. The original name was "the Reformed Church" with reference to the Reformation of the 16th Century, when throughout Europe the medieval Church was "reformed". The Reformers, Luther, Calvin, etc., did not establish a new church but tried to "reform" the Church, by restoring her to what she was like in the early days of the Apostles of Christ. The Reformers, and their successors today, would claim that they were conserving the true catholic and apostolic Church. They disowned any interruption of the historic continuity of the Church. Presbyterians were never part of a "break-away" group, but rather, "preservers" or the ancient Christian Faith as handed down by the Apostles.

The word "Presbyterian" comes from two words in the Greek New Testament. "Presbuteros", a presbyter, or elder, and "Presbuterion", a council of presbyters or elders. This reflects the pattern of government found in the "Reformed" churches. The leaders of the local church are chosen by the Christian community or "congregation" and are responsible for the spiritual oversight and discipline in the local congregation. They are "ordained" to this work by prayer and the laying-on of hands. They are known as "Elders". Within the Eldership there are two distinct functions, Teaching and Ruling. The Teaching Elder is more commonly called the "Minister" and the "Ruling Elders" are normally ordinary members of the congregation. Together they are known as the "Kirk Session", the governing body for the local church. In the Presbyterian system, no power resides in any individual, but only in the group.

So much for the name, what does a "Presbyterian" believe? The supreme standard for faith and worship is the Scriptures of the Old and New Testaments. The test of faith and practice is that it must be "founded on and agreeable to, the Word of God". What Presbyterians believe the Word of God teaches on certain subjects is contained in a published document called the Confession of Faith (1647), and also in the Church's Catechisms (Larger and Shorter, 1648). Presbyterians have much in common with the historic Christian Churches and accept the ecumenical Creeds (Apostles and Nicene). For centuries, Presbyterians have been known as the "People of the Book", the Book being the Scriptures. Pres-

byterians can not accept beliefs and practices not taught in the Scriptures.

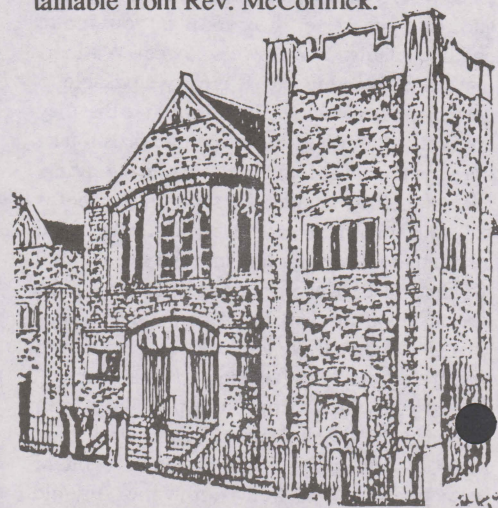
The present Church in the Main Street (illustrated) is the fifth building on the site over those 300 or more years. This is a small miracle in itself when one discovers that in the 1680s, Presbyterians were considering a proposal of wholesale emigration "because of persecution and general poverty abounding in these parts; and on account of our straits, and no access to the ministry". The Donegal Presbyterians came through those hard times with God's help. After Letterkenny, Presbyterian Churches became established in a dozen more centres in the North West of the County. In fact, at one stage, there were three Presbyterian Churches in the town itself.

To offset what some readers might take to be claims of exclusiveness by Presbyterians, it must be said that Irish Presbyterians have been in the fore-front of the modern missionary and ecumenical movements, being founder members of the World Council of Churches. Due to the polarization occasioned by the "troubles" in the Six Counties, the majority of the members of the Presbyterian Church in Ireland voted to withdraw from membership of the W.C.C. Traditionally, Presbyterians are warm-hearted and tolerant, respecting the beliefs of others, and seek to be involved in every area of community life. Internally and externally Presbyterians can accommodate a wide variety of opinions, being marked by their ability to "agree to disagree". The majority of Presbyterians in the Republic exemplify historical Presbyterian.

In Donegal, the Presbyterian Church today is active in many areas. Evangelism, Christian Training, Social Concern, Overseas Mission, Children's and Youth Work, School and Hospital Chaplaincies, Divine Healing, Third World Development, Inter-Church Relations, and others. Individual members are actively involved in every area of community life.

This necessarily brief article was composed by Rev. Joe McCormick, Minister of Trinity Church, Letterkenny. He would be happy to answer any questions readers might have. Tel: (074) 21487 or write to Hillmount Manse, Letterkenny.

Each winter the Donegal Presbytery organises series of "teach-ins" on various subjects. These are open to Christians of all denominations and indeed to non-Christians. Commencing on October 9th, in Trinity Lecture Hall, Main Street, is a short course on the "Living Faiths". This will look at Judaism, Islam, Hinduism and Buddhism. Details and booking forms are obtainable from Rev. McCormick.



Drawing - John Baird



Street entertainment during the Letterkenny Folk Festival - Poor Skolar in action at the Market Square

The World of Monsier Vicent

*The Life of St. Vincent de Paul by
Mary Purcell. Veritas Publications.
252 pps., paperback, £6.50.*

Until I read this biography I had thought that the Society of St Vincent de Paul had been founded by the man of the same name but, it was founded by Frederick Ozanam. It is a tribute to Vincent de Paul that he was chosen as patron and that his name lives on.

De Paul was, it appears, earmarked for the priesthood by his father as a means of advancing in social standing. Many of the priests in his day did not take their duties seriously. They were more interested in the material benefits which could be derived from their position in society. It would appear that de Paul's father, a small farmer, had his eye on this aspect of the priest's life when he sought an education for his son.

After his ordination de Paul turned towards helping the poor. He appears to have had considerable help from rich ladies in this work. Many of them seemed to have had scruples about their wealth and to have eased their conscience by helping in hospitals and orphanages. Some took work seriously but at one stage de Paul was distressed to find that helping the poor was highly fashionable and people would boast at social events about the help they had given that afternoon. Some of the women seem to have seen their assistance to the poor as licence to carry on in their affluent style.

It is of interest at this stage in history to see how much de Paul depended on women. He founded a society of nuns, non-secluded; which was uncommon, and they did the harsh work for the most part. A number of priests gathered round him and a society evolved. Known to us as the Vincentians, they appear to have had less difficult work than the nuns; although they did care for the poor they also conducted missions and retreats for both clergy and laity. De Paul also had responsibility for an order of nuns known as the Visitandines. I never heard of such an order before and

wonder whether they exist today or ever had a foundation in Ireland.

It was difficult to grasp the character of de Paul from this work as the writer saw him as a saint but he was close to royalty and many of the hangers-on in France of his time. How, I ask myself, did he manage to be friend of poor and rich alike? Did he not consider it incongruous to play both sides, if that is a just interpretation of his work. One thing which appears to have stood to him was his ability to keep his mouth closed and think before he acted. A lesson for all of us.

The book is a reprint of an edition published in London in 1963. It lacks the illustrations of the first edition and also the name of the printer of the current edition. I found the style of writing heavy at times but this reaction can be understood when we realize that we have been reared on journalism.

This is a book worth reading for an understanding of de Paul but also as an insight into the turmoil which was France in his time.



June Brown, Bouragh, Ramelton & Dessie McCrystal, Derry, who were married in Letterkenny on June 1st.

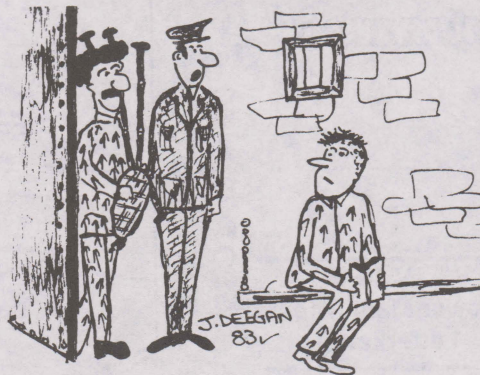
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Passing Remarks

Young girl to mother: "He has a photographic mind, but nothing every develops"

Man to dinner companion: "Alright, we'll break our engagement is that's how you want it, waiter, separate bills please."

Court official swearing in woman witness: "Do you swear to tell the truth, the whole truth, and stop there?"

Teacher to colleague: "Not only is he the worst behaved child in the school, he has a perfect attendance record".

One girl to another: "There are two things I don't like about that fellow - his face".

One girl to another: "He's not very polished, but he's awfully slippery".

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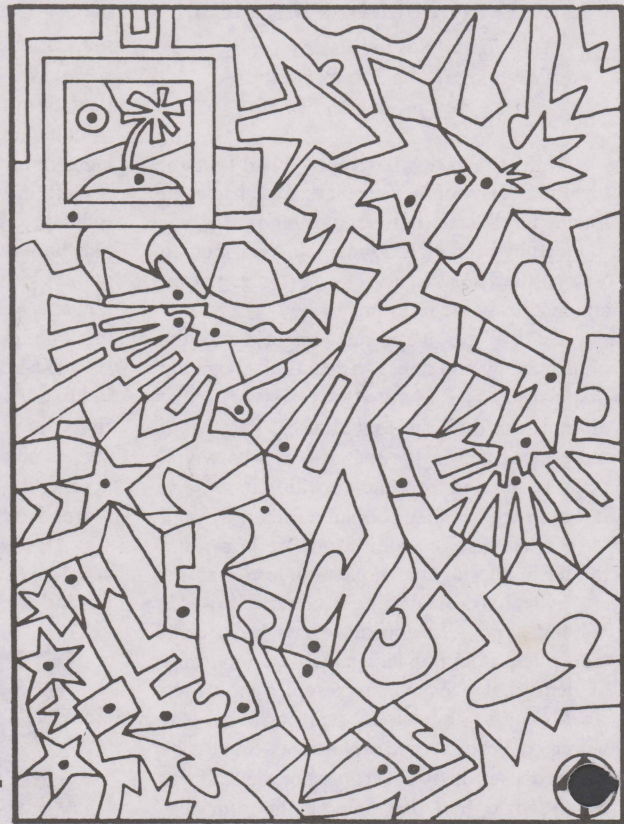
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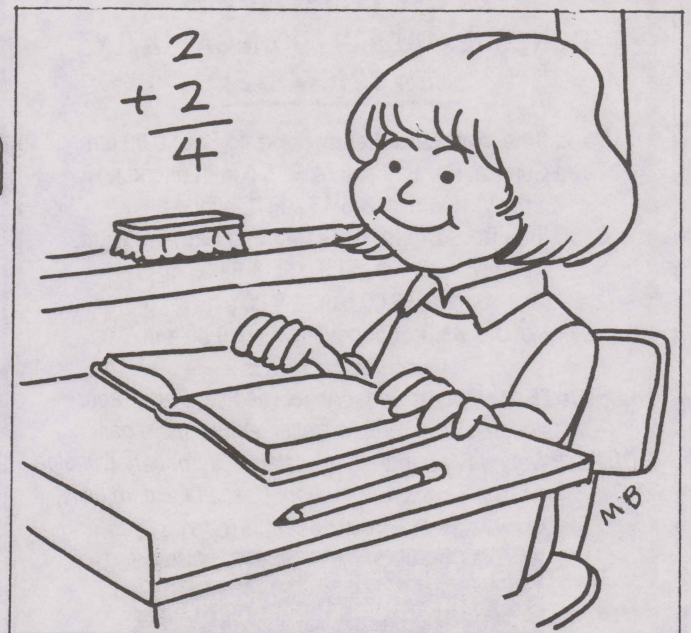
Address

Age

Last Month's Winners:
Michelle McCormick, 2 Croagh Patrick.
Anita McFadden, Carrick McCafferty.

"LEADER",
Lower Main Street,
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"That's great - now find one that fits your Mother"



deegan

"You're back early from the party Seán"



The Anagaire A.O.H. Band in Easter 1970

G.A.A. Club Celebration

Cloughaneely G.A.A. Club recently held a celebration to commemorate and honour the Cloughaneely Junior Teams of 1939 and 1959 who each won the County Junior Football championship. The members of each team were presented with a special commemorative scroll by the G.A.A. County Board Chairman Charlie Faulkner. The members of the '39 team who were present were: Denis Ferry, Denis McGee, Frank McGinley, Kieran Kelly, Teague McGee and Mosie Coyle. The people who accepted scrolls on behalf of their dead or absent relatives were: William Coyle on behalf of his brother Neil, Eileen McGinley on behalf of her husband Leo, Seamus McGee on behalf of his father Danny, and Joe Doherty on behalf of his father Peter. The members of the '59 team who were present were: Eddie Doohan, Packie Doohan, Peter McGinley, Donal McGinley, Paddy Carr, Eugene McCabe, Tony Kelly, John Keyes, Eugene Greene, Paddy Kelly, Owenie Colum, Gavin, Brian McGinley and Neil McGinley, the others members of the team who were unable to attend were: Michael McGinley, Paul Kelly, Paddy Boyle. During the events in McFadden's Hotel, Gortahork, the two teams were entertained by various people including Tom Walsh and the P.C.C. Drama Group who presented a sketch on the teams a Ceili was also held and Paddy O'Grady also sang a self-composed song about the team.

Cloughaneely Band Success

Congratulations to Cloughaneely Junior Band who gained first place at the All-Ireland Fleadh Cheoil which was held in Sligo recently, the band received a great welcome from the people of Cloughaneely on their return home.

Congratulations

Congratulations to Eileen Cannon of Derryconor, Gortahork who was the recent winner of a brand new Peugeot 205EX motor car in the recent Ceirde Gael Linn monthly draw. The local community wish Eileen every success and many miles of happy motoring in her new car.

Ex-Garda Patrick Dillon

92 year old ex-Garda Patrick Dillon, a native of County Clare visited Falcarragh after a gap of 66 years. Patrick was one of the first gardai to be stationed in Falcarragh following the handover from the British authorities. While Falcarragh Garda Station was being prepared for occupation ex-Garda Dillon stayed in what is now Rosses Bar in Falcarragh. Patrick now resides in Donegal Town.

**CLOICH
CHEANN
FHAOLA**

Whatever will be will Bríd be the next Madonna?
There must be something good in the milk - a certain Anagaire man gets a free pram every time he gets his van serviced.
Chuala sibh fa bachelors na Machaire Loisce - anois tá cailleach nó beirt thíos ansin.
John A. just loves the Murray Mints.

Glenea U.T.D. F.C. A.G.M.

Glenea United Football Club held their Annual General Meeting recently. The following officers were elected to serve for the coming year. Chairman Johnny McGeever, Vice-Chairman Jackie Murphy, Secretary Charlie Ferry, Treasurer Seamus Ferry, Assistant Secretary Terence Duggan, P.R.O. Kevin Ferry, Player-Manager Gerry Whoriskey, Committee members John-Joe McCafferty, Hugo Whoriskey, Charlie McGeever.

Why did James A. buy many many copies of "The Leader" ?

The View from Iompaine

Shoot the Engineer

Travelled on the Errigal Road between Glenveagh National Park and Dunlewey recently ? A few months ago there was much Council activity just after the Muckish Junction when a serious bit of road-building seemed to be taking place. Now the job is completed and brother what a disaster. Bumps and hollows and ridges everywhere. 10 times worse in fact than it was. OK, so it's bog, but surely to God in 1989...Ah forget it (Have Dinny & Pat claimed this one ?).

Don't oh please don't get sick or have an accident in Gaoth Dobhair, because you could find it very hard to get a doctor to treat you. According to local people, facilities are worse now than they were 30 years ago. But then people here are used to being 2nd class citizens. In fact people here are just mugs.

A three day "festival of no water" was recently held in Gaoth Dobhair to celebrate 50 years of piped water from Loch Caol. Afterwards the grateful parishioners were only too happy to sup the rusty water from the ancient pipes.

"An Chrubóg"



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Gaynor High-Tec

Gaynor High-Tec, the new computer centre in Lower Main Street, Letterkenny, is launching a whole new range of computer programmes especially designed for the Irish Schools market. Many of the programmes will be available in the Irish language, as well as English. For a long time now the Irish Schools' Computer market has been dominated by American and English software. Gaynor High-Tec hopes to change all this by the introduction of a massive range of software, designed with the aid of Irish teachers, to meet the special needs of children in Ireland. The company, with its special interests in the education field, is keen to see that Irish children are supplied with the correct tools, in computing terms, to compete with their counterparts in the UK, America and Australia. The company's aim, in the production of school software, is to make it possible for teachers, in individual schools, to be able to access the programmes, and tailor make them for their own special needs. The company is very aware of the difficulties that teachers have in regard to time, when it comes to the creation of software. It is for this reason that the company is keen to hear from teachers individually, as well as in their attendance at special conferences provided for them by the company, with a view to creating specialised programmes for them in all the particular areas of education. The company hopes to be announcing a major breakthrough in a very special area in regard to schools education, in the very near future. Although they are not saying, for the moment, in what area this breakthrough might take place, they are very confident that it will make a major impact on the way which computers in schools will be used in the future.

Large numbers of teachers from the Dublin area are invited to take part in special training courses, designed to show them the benefits of the new educational machine on the market, and

the incredible new teaching techniques, which can be employed as a result of their introduction. An entirely new technique of computer instruction has been devised by the company, which employs the use of multi-operational machines and their programmes in the actual teaching process. Very special video computerised techniques will be used during these courses. The company hopes to show that not only is there a necessity to teach our children the use of computers in modern business techniques, but also there is a requirement to show how computers can be used as additional tools, in the armoury of teachers, to educate children in the entire range of school subjects.

It is for this reason that teachers should feel very conversant with the modern range of software that is now available for all modern school subjects at every level. As an entirely private

company, receiving no government subsidy of any kind, the company feels that its ability to perform and survive, as it has done, is a good measure of the success of what it hopes can be achieved in the future. The company has already placed many of its students into highly paid jobs, both in the Republic and in the UK, and in one case even further afield. The research and development section of the company is now making use of a massively powerful computer, so new it is being kept firmly under wraps, since the company faces tight competition from all around the world and even here in the Republic. Gaynor High-Tec intends to stay ahead of its rivals, no matter what the cost. The future of private computer companies, in the high-tec area, is totally dependent on their ability to be profitable, and only pushing forward with the best equipment and software will make that possible. The company's motto is that "they lead where others follow".



Rosses I.N.T.O. meeting in Sweeney's Hotel, Dungloe in 1959

Births

- Ann & Mickey Coll, Machaire Rabhartaí (Iníon)
- Bernadette & Brendan Patterson, (Gasúr)
- Frances & Pádraig McFadden, (Gasúr)
- Noreen & Ruairí Rodgers, Machaire Rabhartaí (Gasúr)



GUESS WHO?



- 1&2 Donna R. Kebab & My Girl Lolly Pop
3. Guille boite super
4. Crollydolls
5. Machaire Chlochair Mafia
6. Paidí agus Séimí
7. A happy Martina G.
8. It's not like John to be sitting down
9. Eileen - Donegal's Top Secretary
10. Tom & Gerry
11. Wasn't Bernie B. a pretty little baby?
12. Number 1 army man
13. Goodness me - it's Connie Rua
14. Tá na bádaí ag teacht...
- 15&16 Flying without wings - Shaun Boyle & Hugh Martin Doherty
17. Top Anglers - Mick & Pat
18. If it doesn't taste good just spit it out
19. Is Packie going to war?
20. Gerry when he used to play for Spurs
21. Tug o War Super Champs
22. Naomh Mhiure football star.
- 23 Whistling in the dark.
24. It's a mark two Cortina - but who are the lovely ladies? (I'll get shot for this one)
25. This is me and who's like me?
- 26 Ag cleachtú choinne an Ryder Cup amach anseo?
- 27 Dancers
28. For that fab kebab - ask Maria & Grace Ann.

Ta'n aimsir crailtmeach - Cathy says it's the Greenhouse Effect!

What happened to Colma, Sínead & Maria's hair in Kinlay House.

Sgt.
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- * TAKE AWAY
- * COFFEE SHOP



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GUESS WHO? → 9





(Photo: Donohue Studios, Letterkenny)

Peter McCallum, Edinburgh and his bride formerly Bernadette Boyle, Poolawaddy, Arranmore, who were married recently in St. Crone's Church, Arranmore.

Níonn muid comhghárdeachas le Rónán MacAodha Bhuí as Cois Cláidigh atá ndiaidh post mór a fháil le Century Radio i mBaile 'Cliath. Ba é Rónán ar ndoigh an chéad eagarthóir ar an "Leader". Ach mar a dúirt sean-bhoc liom "I knew that boy would go far".

Weddings

Sadie Ferry, Cúl a Chnoic agus Paddy Barry, Tipperary.

Máire Boyle, Loch an Iúir agus John McGarvey, Mín Lárach.

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Wedding Anniversaries
Cathy & John McFadden, Machaire Rabhartai,
Sept 27 (3 years)

LÁ BREITHE

Brenda Reynolds, Loch na nDeorán, Sept 16
Maeva Curran, Gort a Choire (20) Sept 10
Imelda Sweeney, Dobhar (15)
Séamus O'Brien, Machaireacha (18) Sept 25
Carla Devenney, Rann na Feirste (18)
Denis McGinley, Machaire Rabhartai (18) Sept 22
Paula Whoriskey, Arduns (7) Sept 15
Grainne McNelis, Machaireacha (13) Sept 9
Denis MacFadden, Mchaire Rabhartai (24) Sept 9
Denise O'Donnell, Anaghaire (21) Sept.
Clare Gallagher, Gort a Choire (21) Sept 25
Sheila Campbell (21) Sept 22
Madge McGinley, Machaire Rabhartai, Sept 6
Cecelia Collins, Carraic a tSeascáin (19) Sept 1
Hugh Sharkey, Anagaire, Sept 29
Paddy Ferry (Eddie), Anagaire, Sept 29 (KNR's)



Nóiseáin

Donna Marie & Pól. D.; Colma NicN. agus Ian McM.; Lise G. & Kieran D.; Sinéad McN. agus James A. McG.; Éamonn B. & Carine F.; Catherine D. agus Ciaran B.; Annette McG. & Daniel O'D.; Maria McC. agus Michael Rua; Lorraine F. & Georgie D.; Tresa M. agus Seamus O'B.; Sarah G. & Jason C.; Brídín NicN. agus Pádraig G.; Noeleen D. & Éamonn G.; Carina F. agus Éamonn B.; Michelle McF. & Freddie G.; Michell O'B. agus Brian C.; Collette McB. & Austin O'D.; Carmel agus James; Jacinta McG. & Patrick O'D.; Betty agus Éamonn; Fiona G. Y Prionsias R.' Angela D. & Derek McH.; Caroline R. & Joe W.; Bríd McC. & Michael D.; Róisín D. & Martin C.; Carla D. & Joe McF.; Frances McF & Terence D.

Never See one Without the Other

Bríd O'D & Bernie D.; James McL. & Grey tracksuit; Anne G. & Sonia D. & Donna Marian; Annelene & Yvonne; Georgie D. & Dom S. & Steven B.; Brendan P. & the bus; Sarah G. & Patricia W.; James A. & Mícheal Rua C.; Michelle McF & Sharon McG.; John McG. & Collar & tie; Jade C. & Leigh McF & Eimear F.; Conall G. & Conall O'D.;



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le Angelina

VIRGO (Aug 24-Sept 23)

Your actions over the past few weeks may not have been what was expected of you and you may have to change your routine to suit the circumstances. You will hear news which will either surprise or shock you. Lucky colour - red.

LIBRA (Sept 24-Oct 23)

You have probably been feeling very depressed lately but this is just a phase and will pass soon. There will be occasion for a celebration in the near future. Lucky date 6th.

SCORPIO (Oct 24-Nov 22)

There is a journey in store for you which will be a very joyous occasion. You may be troubled regarding the health of a close friend or relative, but have faith and patience. The initial "I" has special significance for you within the next few weeks.

SAGITTARIUS (Nov 23-Dec 22)

You need plenty of work and activity to compare them with a friend or acquaintance who really has troubles you will realise they are not so bad after all. Do not be afraid to voice your opinion.

CAPRICORN (Dec 23-Jan 20)

There's an indication that an older person may have the solution to a question which has been bothering you for some time. You may be asked to do a favour for a friend concerning someone of the opposite sex. Lucky colour - Orange.

AQUARIUS (Jan 21-Feb 19)

A comment which you overheard recently has begun to get out of all proportion and is starting to cause trouble. This matter should be dropped as no harm was meant. You may meet someone who has a lot in common with you. Lucky date 26th.

PISCES (Feb 20-Mar 21)

You are tempted to do something which you don't really want to do. Do not be forced. Make your decision and stick to it. You receive a present which you do not expect. The source may lead to a romantic interlude. Lucky date - 19th.

ARIES (Mar 22- April 20)

You may have a visitor in the near future which will upset your routine at home. But it will be a pleasant disruption. Cash is not too plentiful around this time but you could use your imagination and make the most of what is available to you. Lucky colour - Violet.

TAURUS (April 21 - May 21)

Ups and downs on the romantic front - maybe an unhappy love affair, may have caused you to withdraw from the whole scene. Money matters are lucky just now. Wear blue for luck.

GEMINI (May 22- June 21)

If you are taking a late holiday you can expect a very happy time. You may be offered some part-time work. Think hard before you decide. Ignore some rumour which may be passing around, don't pass it on. Lucky date - 20th.

CANCER (June 22-July 23)

Usually a thrifty and cautious person, you may buy something on impulse and live to regret it. You must make an important decision concerning some old condition. You could come out poorly if you challenge authority. Lucky colour Pink.

LEO (July 24-Aug 22)

A relationship could be terminated which could prove fortunate in the long run. Unusual opportunities through friends and business can help you reach delayed goals.



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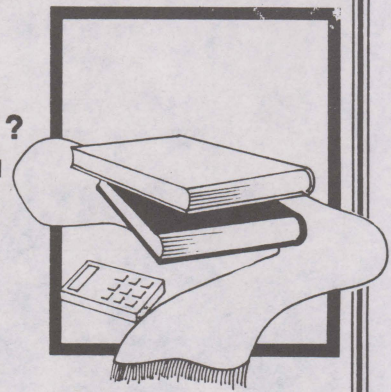
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FOLK REMEDIES

Sleep

Benjamin Franklin was a believer in fresh-air baths in the nude as a sleep inducer. Abraham Lincoln took a midnight walk to help him sleep. Charles Dickens always slept with his head facing north. Mark Twain had a cure for insomnia: "Lie near the edge of the bed, and you'll drop off". According to Franklin P. Adams, "Insomniacs don't sleep because they worry about it and they worry about it because they don't sleep".

If you're caught up in this unhappy cycle of sleeplessness try some of the following suggestions:

- Exercise during the day, but do not exercise right before bedtime.
- Try using an extra pillow. It works for some people
- Stay in one position. (Lying on the stomach is more relaxing than on your back). Tossing & turning acts as a signal to the body that you're ready to get up.
- Get into bed. Before you lie down, breathe deeply 6 times. Count to 100, then breathe deeply another 6 times. Good night.

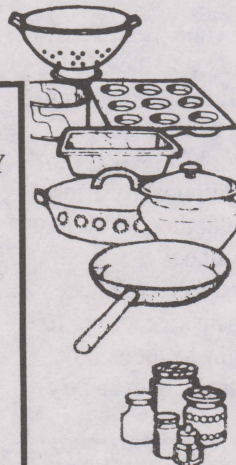
SHORTBREAD

Method:

Rub the butter into the flour, then mix in the rice and sugar; knead well, making it quite smooth. Make it into a round or square shape, and pinch the edges between the finger and thumb to form a crinkly edge. Bake in a very slow oven until crisp and of a light brown colour.

Ingredients:

2oz butter
1oz ground rice
3oz flour
1oz sugar



Prune Slice

Ingredients:

200g (8oz) dried Prunes - soaked overnight.
25g (1oz) Natural yoghurt
2 eggs
Zest of an orange
Pastry case.

Beat yoghurt and eggs. Add zest of orange. Place prunes in the pastry case.. Add yoghurt and egg mixture. Bake at 195°C, 400°F (Gas 6) for 10 mins, then at 180°C, 350°F (Gas 4) for 25 mins.



The Class of '64
 St. Eunan's College of 25 years ago who held a reunion recently. How many can you recognise and where are they now ?

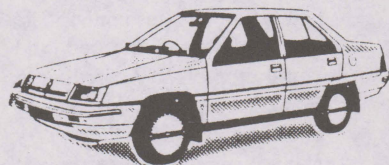
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The Gossip

The gossip loves to tell stories about other people. Sometimes the stories are not completely true. Often they grow and get bigger until they become outright lies.

Gossips don't have friends because they can't be trusted. They can't keep a secret more than three seconds, and they think that the way to tell a good story is to spice it up a little. After telling the story several times, they have all spice and no real story.

Do you find it fun to talk about other people ? It's so easy to become a gossip. You can slide into the habit without any effort at all. Be extra careful about what you say about others. Telling good news is not gossiping. Spreading misfortune is.

One of the best ways to deal with a gossip is avoidance. Simply refuse to participate in rumour and gossip spreading. If you're the victim, let me suggest this: Go right to the source, whether friends, acquaintances or others. Confront them and try to work it out.



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Music Makers

by Maggie May

Daniel on the Box

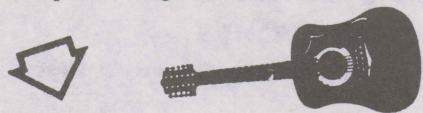
Country giant Daniel O'Donnell is currently recording his new television series which will be screened from Sunday 22nd of October till Christmas by RTE. The singer will be recording a special Donegal edition of the show early next month and joining Daniel will be his legendary sister Margo, John Kerr, Maire of Clannad, Seamus McGee, etc. The audience will feature his favourite Donegal fans and friends, and that is certain to include Sally Blake, and Maire (Rua) Gallagher, seeking the spotlight with their favourite pin-up. On October 17th Daniel embarks on a forty-one date British concert tour, and in December he returns to Nashville to complete his new album. Stylus Records will issue a second album from the country chart-topper to coincide with his forthcoming British tour.

On the Air

Century Radio is launched by former 2FM deejay Marti Whelan hosting his own two hour breakfast show. The station broadcasting 24 hours daily has former RTE names as Declan Meehan, Flo McSweeney, Richard Crowley, Caroline Erskines, etc. along with Terry Wogan presenting their own programmes, in a bid to win over at least forty per cent of RTE's listeners. Also broadcasting we have Atlantic 252, with non-stop pop sounds aimed at the 15 to 30 age group. Next month Donegal Highland Radio is likely to run a competition to find a new name for our first independent radio station, due on the air at the same time as we are due a visit from Santa.

Faded Idols

Someone once said "Old musicians never die, they just decompose on stage", and lets face it we have more than our fair share of veteran entertainers. This year alone we had comeback appearances from Big Tom & the Mainliners, Brendan Bowyer and his Big 6 (reduced from 8 on stage), Dermot O'Brien and the Clubmen, while other old faces as Joe Dolan, Dickie Rock, Philomena Begley, Dubliners, Wolfe Tones are all past the twenty-five year mark. Perhaps its time some of old idols took advantage of their old age insurance policy, before many start to decompose on stage.



Pop On

The Malfunctions from Ballyshannon are trying to make an impact on the pop market. The four piece group featuring Fiona Pender on vocals were the first group to win the "Murphy-Hot Press Band Promotion Package", and went on to win the "2FM-Sunday Press Band of 89" competition. Part of this prize was a recording session, and the release of their debut single "Say Goodbye" issued by EMI Records. Malfunctions are in a class of their own, and deserve to become the first Donegal pop group to hit the big time. But Fiona and company badly need to get their promotion act together.

More Awards

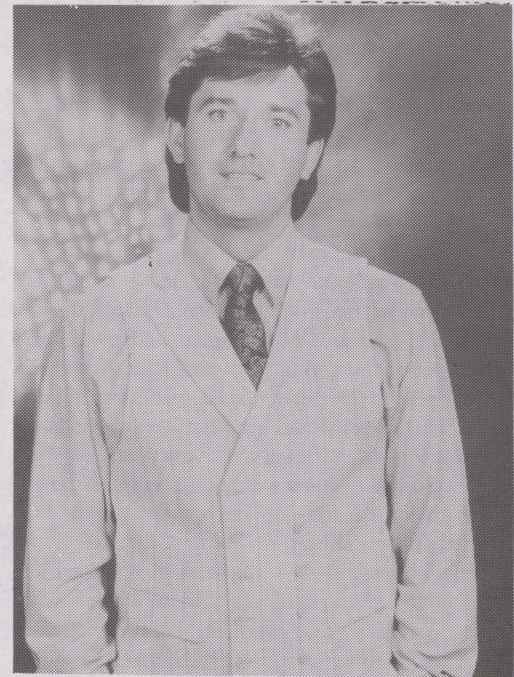
Hot Press join forces with Smithwicks to host yet another new "Popularity Poll". The winners in the field of live, recording, radio, television, and video fields will be selected by media people. Already we have Jacobs TV & Radio Awards, IRMA and National Entertainment Award shows, so where can this new Hot Press-Smithwicks Awards fit into the already overcrowded field. Perhaps its time to introduce the "Leader" Shambolic Awards, for the worst live act, worst dee-jay or radio and TV, worst recording and video of '89. Such a list would be more interesting and exciting than all the other duff award shows put together.

Music Seminar '89

The Popular Music Industry Association, Arts Council and Hot Press join forces to present "The Irish International Music Seminar", which will be staged in the RDS, Dublin from September 22nd till 24th. Speakers will discuss topics as forming a band, recording, publishing, image, publicity, video, radio, television, sponsorship etc. as well as management. The fee for the weekend talk-in is just £25, and for further details contact Jackie Hayden at (01) 795077. A must for potential stars of the 90s.

The Fun Charts

- | | |
|-------------------|---------------------------|
| 1. Kick It In | Finn Harps |
| 2. Better Days | Joachim Loughrey |
| 3. On and On | Paddy McGowan |
| 4. Can We Talk | Telecom Eireann |
| 5. Swing the Mood | Letterkenny Folk Festival |



Daniel O'Donnell

Top Ten Albums

- | | |
|---------------------------------|----------------------|
| 1. Cuts Both Ways | Gloria Estefan |
| 2. Batman | Prince |
| 3. Twelve Commandments of Dance | London Boys |
| 4. My Feelings for You | John Hogan |
| 5. Now 15 | Various |
| 6. The Raw & the Cooked | Fine Young Cannibals |
| 7. Songs for the Tempted | Four of Us |
| 8. Appetite for Destruction | Guns n' Roses |
| 9. A Night to Remember | Cyndi Lauper |
| 10. Dirty Dancing | Various |

Courtesy of Letterkenny Tapes, Shopping Centre.



Top Ten Singles

- | | |
|---------------------------|----------------------|
| 1. Poison | Alice Cooper |
| 2. Toy Soldiers | Martika |
| 3. Blame it on the Boogie | Big Fun |
| 4. You're History | Shakespeare's Sister |
| 5. Numero Uno | Starlight |
| 6. Friends | Jody Watley |
| 7. Loves About to Change | Donna Summer |
| 8. Batdance | Prince |
| 9. Ride on Time | Black Box |
| 10. Losing My Mind | Liza Minnelli |



Remember the Envoys ?

The Feast of Lughnasa And Fleadh Cheoil na h-Éireann

It is sometimes forgotten that Lugh Laimh Fhada or Lugh of the Long Arm was a Donegal man, bred and born on Tory Island, rescued and reared by Bioroig an t-Sléibhe in the mountain territory of Errigal where our finest Gaelic poet, Cathal Ó Searcaí now resides and finally apprenticed to Gaibhide Gabhan near Duntinney in the Falcarragh district to learn the craft of sword making and other weapons of war.

As he grew to manhood and became a famous warrior he was deified and became one of the widest known Celtic gods. Not long did he become the patron of craftsmen but he was also acclaimed the god of music, of athletes and of high places. The leaps that he took in the pursuit of his enemies would have put the deeds of the great Finn MacCool in the penny place.

Some say that it was at the second Battle of Magh Tuire Lugh slew his notorious grand father, Balor Beimean or Balor of the Evil Eye. When the eye fell out of the skull it burned its way through the earth much in the same way a nuclear reactor that got out of hand would burn its way through the earth's crust today. This particular phenomenon is referred to in scientific circles as the China Syndrome, go bhfoiridh Dia oraim!

There is physical proof of Balor's atomic eye at Lough na Suil in Sligo where, the cavity left by the burning eye was filled with water to form a lake. Every seven years or so the waters

of the Lake lower and finally disappear altogether. The farmers of the area have a field day carting and lorrying the brown trout and eels away off the bottom of the lake. Lough na Suil has disappeared again but on this occasion the anglers' club netted the fish before the water got too low and removed them to Lough Arrow.

So we find that the great poet Yeats was perfectly right when he stated that Christianity and Paganism lie down peacefully together in this Ireland of ours. The druid's power may have been broken and they themselves driven out but the spell of Crom Cruaidh and his Sub-Gods Twelve lingers on.

This love and homage of Lugh is most fittingly manifested in the numbers of us who repair to the ramparts of Listowel, Bunrana, Kilkenny or Thurles to partake in the great festival of Irish traditional singing, dancing music and merriment that is known as Fleadh Cheoil na h-Eireann.

This year it was hosted by the historic town of Sligo, under the shadow of Maeve's Mountain and guarded by the twin horns of Ben Bulbin and Ben Whisken to the North.

It was on the slopes of Ben Bulbin Diarmuid O'Duibhne slew the boar and bled to death from a wound inflicted by the same savage animal. That the same boar was in effect Diarmuid's half brother is of little consequence.

All last week and throughout the Fleadh at

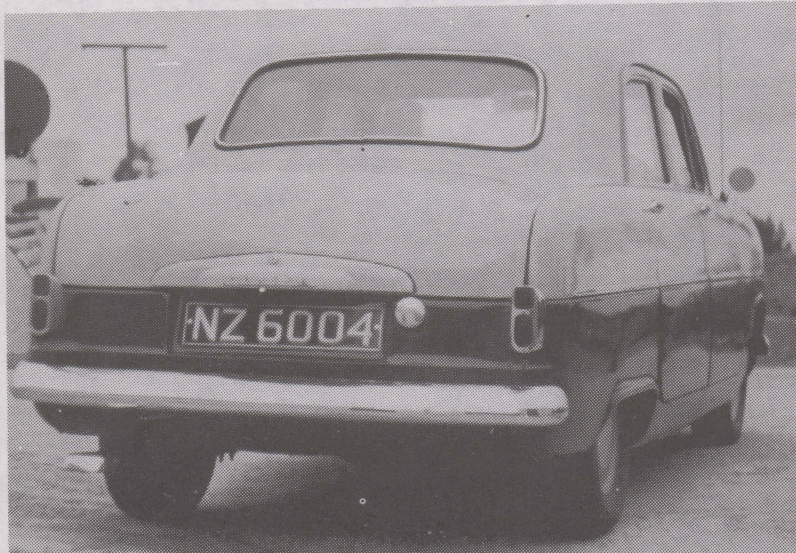
the weekend, another Diarmuid, this time a Diarmuid O'Cathan as Ciarruidhe, flogged bodhrans made from the well-cured skins of puck goats from the MacGillecuddy Reeks in the Kingdom of Kerry to tourists and natives alike. It matters not that the mighty Seamus Ennis, when once pressed for information as to how a bodhran should be played replied in his own inimitable manner "with a razor sir, with a razor!". Indeed the bodhran is going from strength to strength and will soon supplant the Lambeg Drum of the Northern Territories as an instrument of torture.

But to get back to the Sligo Fleadh. It lived up to its own proud record of success and would have been worth attending if it was only to hear the lilting of Michael and Paddy Rafferty from Galway, the haunting singing of the mighty John Kennedy from Cullybackey, in Antrim and the spell-binding fiddle music of the immortals, Coleman, Killoran, Morrison and our own Hughie Gillespie. These we got in rich abundance, over the loud-speaker system, in the shops where LPs and cassettes are sold and in the lectures from competent authorities throughout the Scóil Éigse.

We love and cherish the music of the Masters. They will live on when the scratching and tearing of the modern fiddlers is lost in oblivion.

Paddy Tunney

The lovely old car pictured here is a Ford Consul Mark 1 which dates from 1954 and belongs to Sean Doherty, Carnamuggagh, Letterkenny. Sean bought this rare model from William McLaughlin of New Buildings who had restored her over a period of 6 months, but she originally belonged to the Stephenson family from Limavady. The Consul, registration number NZ 6004 is Burgundy & Beige, has a 1500cc engine, 3 forward gears and even boasts an old valve radio in perfect working order. Sean, a well known fruit & veg. wholesaler takes part in Vintage rallies and festival parades or goes for an odd Sunday with his 35 year old 5 star Ford, definitely one of the classiest cars to feature in this column.



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Dep. Sligo for Donegal	8.00 p.m.	12.00 p.m.	10.30 p.m.	6.00 p.m.

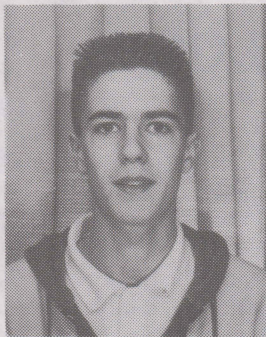
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Bradford City A.F.C.



Full Name: Kyle Maloney
Birthplace: Letterkenny
Height: 5'10"
Weight: 9.5 stone
Position: Centre Midfield; Striker
Previous Clubs: Oldtown, Letterkenny Rovers, Oxford.
Married: No
Favourite Players: Ronnie Whelan, Peter Beardsley, Glen Hoddle.
Favourite Other Teams: Spurs, Celtic.
Most Difficult Opponent: Terry Yorath and Norman Hunter in a 5-a-side.
Most Memorable Matches: Letterkenny v Armagh, Ulster semi-final, 1983 in Cavan. We won 3-2.
Biggest Thrill: Signing as an apprentice for Bradford City.
Biggest Disappointment: Losing to Dublin in the 1983 All-Ireland Finals.
Best Place Visited: San Antonio, Ibiza.
Miscellaneous Likes: Scoring, Playing well.
Miscellaneous Dislikes: Playing bad, smoking, Paddy McGough's driving.
Favourite T.V. Shows: Eastenders, Home & Away, Sports programmes.
Favourite Music: INXS, some Motown.
Best Friends: Many
Biggest Drag in Soccer: Moaners, bad pitches, bad refs, injuries.
Honours: Bronze Medal in the 1983 All-Ireland Finals, a few Letterkenny and District League & Cup medals.
Biggest Influence on Career: My father, Murray Gormley & Eunan Blake.
Football Ambitions: To sign pro. for Bradford and play for Spurs and also to play for my country at Senior Level.
Personal Ambitions: To be happy and have a healthy and successful life.
Which person in the world would you most like to meet? The Pope

Signature:

Newspaper Report from 25th November 1966.

St. Eunan's Strong Finish Takes Them To Senior League Final

St. Eunan's 1-12 Gweedore 0-11

In a game of alternating fortunes, St. Eunan's won their way to the final of the Donegal senior football league with a four-point win over Gweedore in the semi-final at MacCumhail Park, Ballybofey, on Sunday.

St. Eunan's led 1-8 to 0-4 at the interval but on the turnover Gweedore assumed complete mastery and were level with 17 minutes of the half gone. But St. Eunan's finished strongly to earn their place in the final.

A late start, due to the absence of the appointed referee resulted in the game being finished in semi-darkness.

Gweedore held sway for the first ten minutes but had only two points by Neily Gallagher, off the 21-yard free, and John Diver to show for it. St. Eunan's, who moved Hannigan to centre-half, were soon level with points by James Gallagher and John C. Duffy. Gallagher then sent over from a 40-yard free to give them the lead but Neily Gallagher had a Gweedore point to leave it level pegging again. St. Eunan's got a great flip when Liam Slevin's shot went to the net off the bar in the 16th minute. James Gallagher (another great effort from a 40-yard free) and Neily Gallagher exchanged points, but St. Eunan's had four more points per James Gallagher, John Blake, Tony McDevitt and McCollum to lead by seven points at the interval.

Any illusions St. Eunan's might have had about an easy second half were rudely shattered by a terrific Gweedore bombardment which brought them three points inside the first five minutes per Scanlon, Neily Gallagher and Dónal Breslin. St. Eunan's were badly shaken at midfield and Gweedore continued their very effective assault, Joe Diver pointing from Carroll's pass in the



LANTERNS

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Ulster Senior Soccer League

At the Annual General Meeting of the Ulster Senior League which was held in "McCarry's Hotel", Letterkenny, the following officers were elected:

Chairman	Rev. Fr. Michael Sweeney, Gweedore.
Vice-Chairman	Mr. Hugh Doherty, Buncrana.
Secretary	Mr. Seamus Given, Lifford.
Treasurer	Mr. Hugh Strain, Kilmacrennan.
Registrar	Mr. Neil Cullen, Letterkenny.
P.R.O	Mr. Charles Collins, Letterkenny.
Senior Club Rep	Mr. Neil Cullen, Letterkenny
Intermediate Club Rep	Mr. Brendan Duffy, Ramelton
	Mr. Jim McConnell, Buncrana.
Senior Council Rep	Mr. Paddy McFadden, Letterkenny.

9th minute and Neily Gallagher sending over from a free for a foul on Joe Diver in the 10th minute. When Scanlon was brought down, Neily Gallagher again raised the white flag in the 12th minute. There was now only a point between them.

St. Eunan's brought on Dan McMenamin for Ward, but Gweedore still kept up the pressure. McBride scored the equalising point in the 16th minute. At this critical stage, St. Eunan's rallied and when J.C. Duffy was brought down James Gallagher pointed from 21 yards to regain the lead after 17 minutes. Gweedore strove desperately to recapture the initiative, but John Diver, Éamon Mór McGinley and Neily Gallagher were all wide of the mark. Tony McDevitt had a disallowment point from a free, but he had compensation in a good point in the 25th minute. Hot on the heels of this came a further point to St. Eunan's by Liam Slevin and with only four minutes of playing time left the issue was pretty well sewn up.

Play at this stage was somewhat ragged and the darkening conditions were no help. A Gweedore defender got marching orders. In the 28th minute, St. Eunan's had their final point from a 21 yards' free by James Gallagher.

Noel O'Donnell was a last minute substitute for John Hannigan on the St. Eunan's side. The referee was Tom Walsh, Gortahork.

The teams were:

St. Eunan's - Seamus Hoare, Hugh McBride, James Larkin, Seamus Kelly, Colm Ward, S McEntee, John Blake, John Hnnigan, James Gallagher, Packie O'Donnell, Anthony Gallagher, Tony McDevitt, Liam Slevin, John Charles Duffy, J. J. McCollum.

Gweedore - Pádraig Doherty, Éamon McGinley, Seán McCool, Eddie Diver, Pat Gallagher, Antón Carroll, Hugh Brennan, Éamon Mór McGinley, Brian Cannon, Dónal Scanlon, Ownie McBride, Neily Gallagher, Dónal Breslin, John Diver, Joe Diver.

INFORMATION TECHNOLOGY CENTRE

16

The information Technology Centre in Ard O'Donnell is opened about a year. The centre offers a range of services to the public. You can send a fax or a telex from the centre to anywhere in the world. You can get documents printed to a high quality using Desk Top Publishing and laser printing. Many companies are using the facility to design advertisements before they send them to newspapers.

The centre does not sell computers or computer software. However, it does offer independent information and advice to clients to help them through the minefield of conflicting claims from manufacturers and salesmen with regard to computer software, thus avoiding costly mistakes.

The centre offers a whole range of computer courses. These courses can be very simple for people who have never sat near a computer before or sophisticated for those who want to add to their existing computer knowledge. A new series of courses will begin in the first week of September.

Many companies use the software development services in the centre. The staff of the centre can adapt existing packages to meet companies needs or write new software applications for companies.

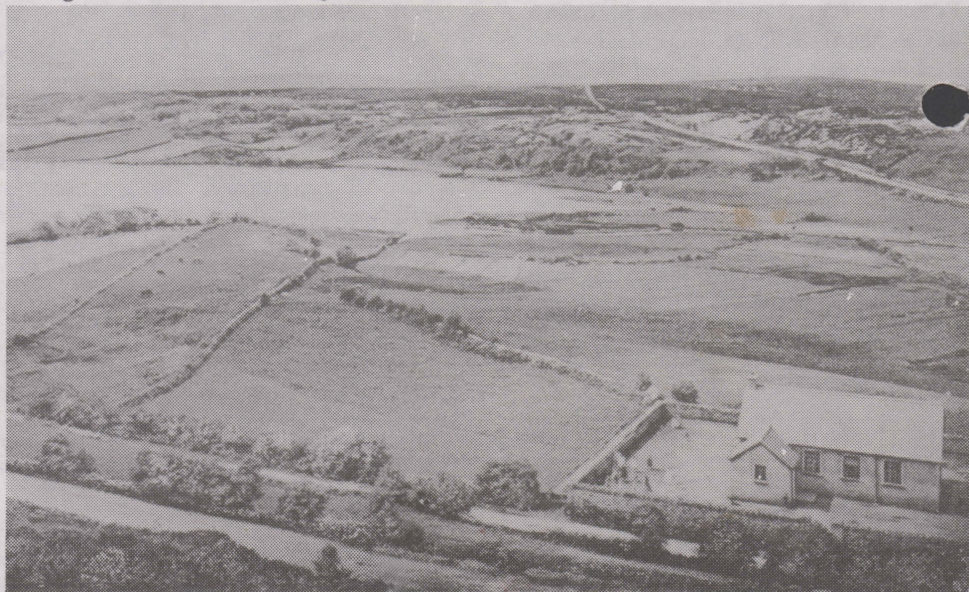
The computers in the centre are linked to computers all over the world. It is possible to get information on companies, e.g. credit ratings, company reports, market information, product information etc.

The latest product to be launched from the centre is "Kisstel". This is a computerised local informations system. Up to 6,000 pages or screens of information can be stored in the computer at the Information Technology Centre and retrieved over the telephone by anyone who has a simple "minitel" terminal. The system is most useful for storing information which is rapidly changing and therefore too troublesome to print or for gathering together information otherwise available from too wide a range of sources to be consulted by the average reader.

Information that is on the database at the moment relates to tourist information such as accommodation in hotels, guesthouses, caravan parks, infor-

mation on restaurants, e.g. menus, etc; information on transport services, e.g. taxis, bus timetables, air services and ferry services; information on local entertainment, e.g. cinemas, discos etc. The database also contains a messaging system and a community noticeboard. Over the next few months it is proposed to put other services on the system.

The minitel terminals are located in about thirty locations in Donegal, e.g. hotels, guesthouses, community development centres, building societies, Udaras Na Gaeltachta, etc. It is possible to access the information on the database in the centre from anywhere in the world by dialling in the number which is (074) 24801. This system is widely used in France where there are five million minitel terminals located in French households and companies.



Carrigart - Picture taken in 1924

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-Luck, love and lightening never strike twice in the same place.
-A wise man is he who plants no more garden that his wife can hoe.
-It's the mark of inexperience not to believe in luck.

-There is nothing sooner dry than a woman's tears.
-Nothing wastes labour like working off a grudge.

Our next edition should be
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